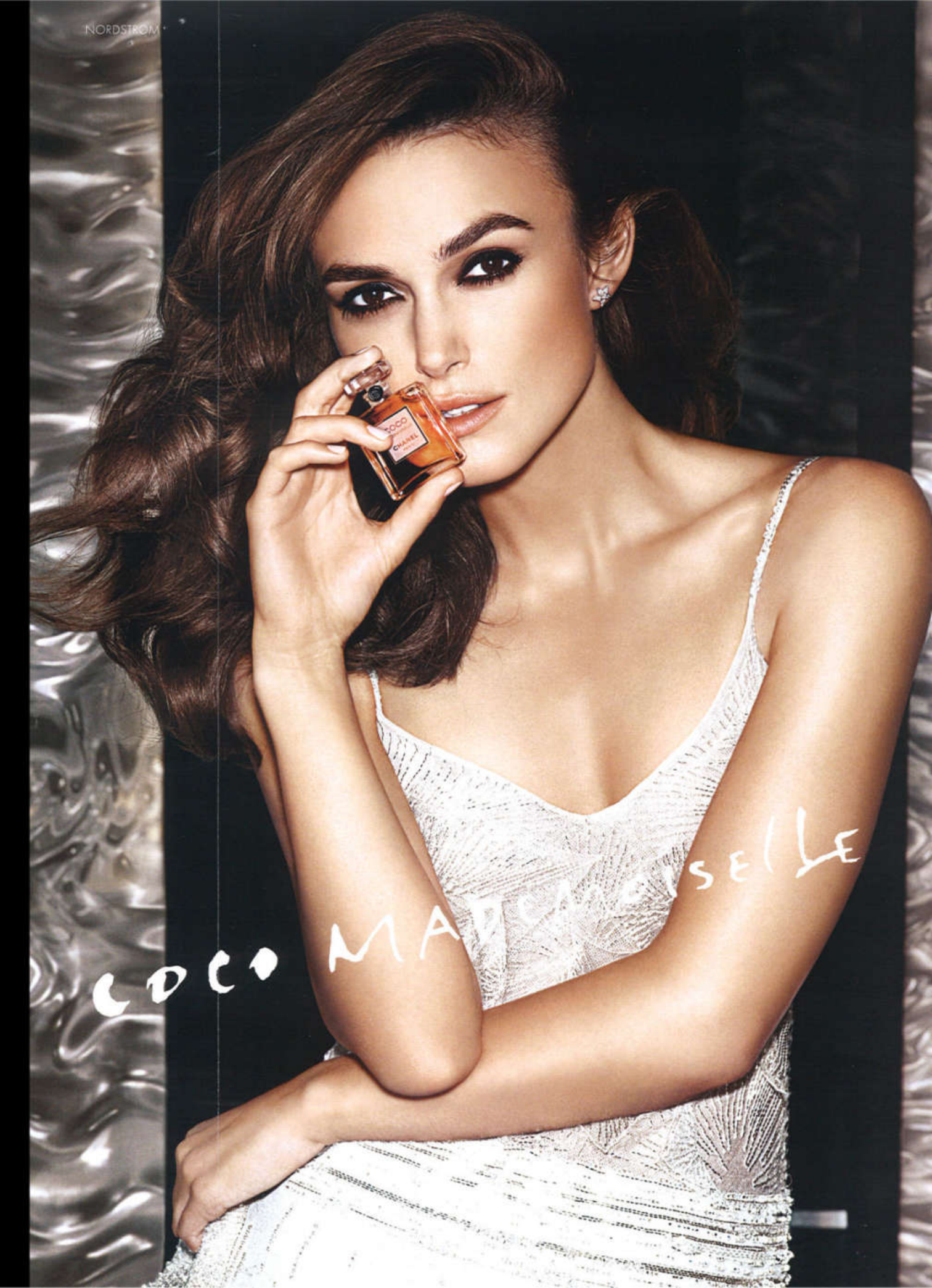

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What's Your Favorite Thanksgiving Tradition?

"Freezing in the backyard while my brother fries the turkey and tries not to blow up the house!" ***—Alexandra Kushel, production manager***

"Watching *Casino Royale* with my mom. It's always on. Can't say no to Daniel Craig in blue swim trunks." ***—Amanda Dobbins, senior editor***

"Driving with my family through the snowy woods to find our Christmas tree the next day—pure bliss." ***—Katheryn Erickson, beauty writer***

"Trying every piece of pie and ranking them. Some years we have more than 10 pies. No shame." ***—Kate Friedman, editorial fellow***

continued on next page

HUDSON: **VICTOR DEMARCHELIER.** BRUSHES: **RICHARD PIERCE**


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ON OUR COVER Sandra Bullock was photographed by Matt Irwin in Los Angeles. Stylist: Laura Ferrara; hair: David Babaii, makeup: Sabrina Bedrani, both at Tracey Mattingly; manicure: Ashlie Johnson at The Wall Group; set design: Evan Jourden at Owl and the Elephant Studio. The Row coat. Dior earring. For Bullock's sultry look, try MAC Studio Waterweight SPF 30 Foundation ($33), Upward Lash mascara in Upward Black ($22), and Lipglass in Lust ($15, all at maccosmetics.com); and Nexxus New York Oil Infinite Nourishing Hair Oil ($18, at drugstores). **See Glamour Shopper for more information.**

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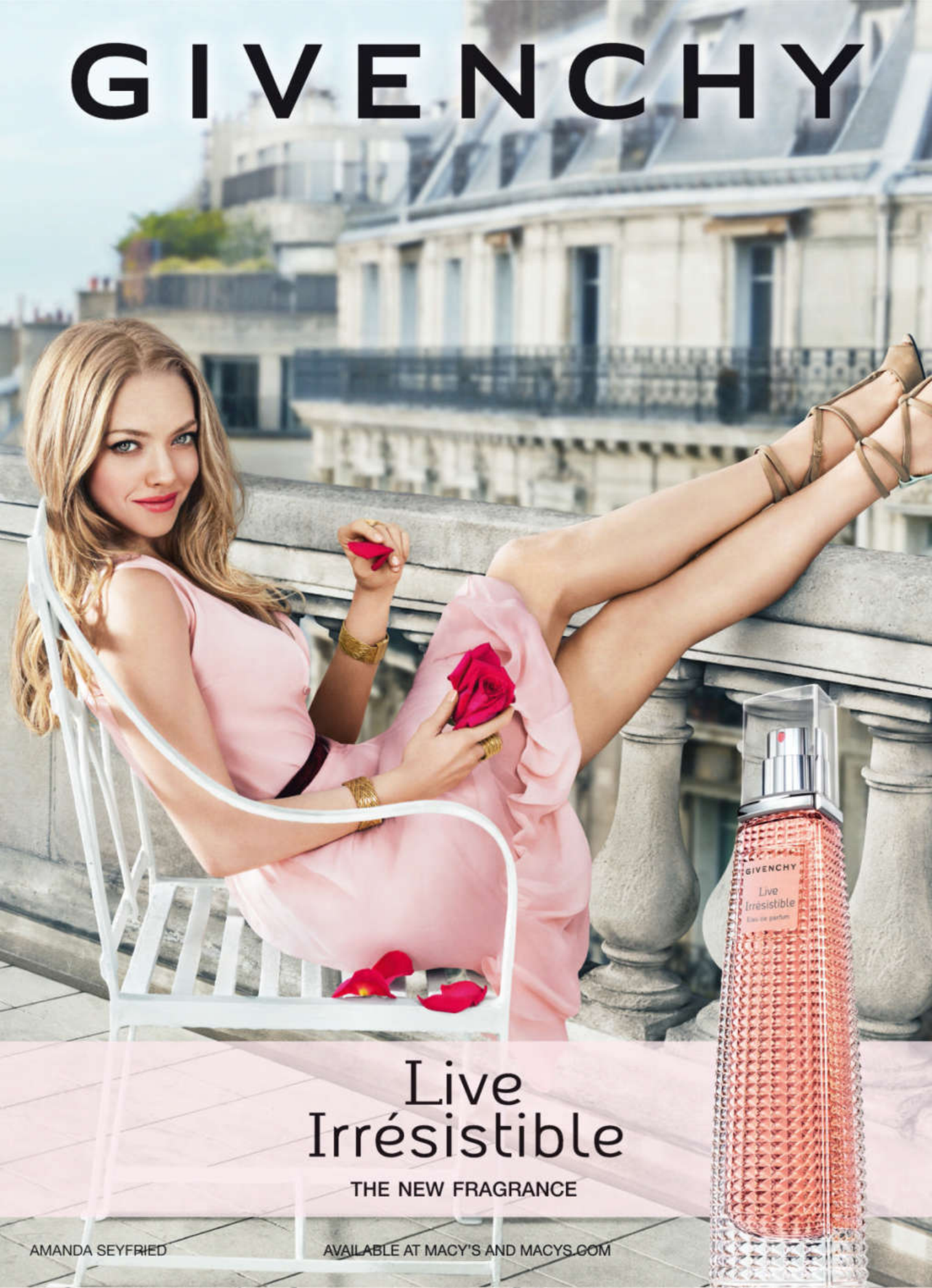
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Why I Love Women Who Walk the Walk

"Girl power" is trendy these days, but the heroes in this issue are the inspiring real deal.



One of the Coolest Ladies I Know Melinda Gates (a 2013 Woman of the Year), here with me in New York's Central Park

The idea of female empowerment is everywhere in 2015. Pop stars sing about it, late-night hosts swear their devotion to it, ads selling everything from low-fat yogurt to low-interest loans invoke it. This, of course, is a good thing: In an environment where presidential hopefuls put down their female competitors by insulting their looks, I'll take all the empowerment I can get, thanks.

But the women I respect most do more than just use a fierce go-girl lyric as their Twitter bio (though I'm all for that too!). On page 49 you'll hear from dozens of past *Glamour* Women of the Year—all part of the run-up to the Awards' twenty-fifth anniversary next month. And one thing these trail-blazing women share is that they don't just talk the talk about supporting women; they pass bills that help them, create great roles for them, mentor them. In other words, they put their money where their mouth is—$34.5 billion of it in the case of Melinda Gates, who, with her husband Bill, the cofounder of Microsoft, has used their wealth to help eradicate polio and extreme poverty. I had the opportunity to interview Melinda for this issue, and was struck by how unpretentious this global power player is: A self-described "very private person," she is now focusing her foundation's energies on helping women in the developing world gain access to the contraceptives we take for granted in this country. "It was something that needed to be done," she shrugs humbly of this world-changing work.

Gates, and female forces like her, remind me that as important as it is to say "I'm for women!" it's more important to *act* that way. (Applause is wonderful, notes Laverne Cox on page 56, "but it's only part of what needs to happen.") We can *all* live up to their example. Years ago, Woman of the Year Nora Ephron gave a classic speech at Wellesley College (quoted by Olivia Wilde on page 46 of this issue): "I hope you will find some way to break the rules and make a little trouble out there," Ephron told the women listening. "And I also hope you will choose to make some of that trouble on behalf of women."

Girl power is good. But *using* your girl—woman—power? That's great.



Cindi Leive, editor-in-chief
@cindi_leive

Giveback

November 11 is Veterans Day, so for your act of goodness this month, let Jaspen Boothe, 37, an Army vet, inspire you. Boothe lost everything she owned in New Orleans to Hurricane Katrina, but she didn't give up—instead she founded Final Salute Inc., an organization designed to help homeless female veterans like herself find the housing and employment they need. "I took an oath to never leave a fallen comrade behind," Boothe says. "Final Salute is my commitment to that oath." Visit finalsaluteinc.org; just $25 gives a woman a day's worth of food, along with clothing and other crucial support.



Boothe, right, with a family she helped

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What Did You Learn From Your First Boss?

Our November contributors all started somewhere. These lessons helped them move up!



"Sadly, I didn't really learn anything of value from my first boss other than that grown-ups can be real shady characters at times! It's not at all cool to refill a basket of tortilla chips without being asked and then charge them for it in the end."

—Sarah Silverman, above, who opens up about her experience with depression on page 146



"Not to get fired."

—Matt Irwin, left, who photographed our cover star, Sandra Bullock, on page 174



"My first job was working at a pirate-themed day camp. My boss taught me about ruling with a firm hand, even when in a (ridiculous) costume."

—Zoe Kazan, above, who interviewed her Our Brand Is Crisis *costar Sandra Bullock on page 174*



"I learned to humble myself and listen to my clients. Sometimes, as glam artists, we get a vision and want to push for it, but a client can only truly be happy and confident when they get what they asked for and you deliver above their expectations."

—hairstylist Cesar Ramirez, right, who styled Jennifer Hudson on page 180



"My first bosses were an eccentric couple of florists. As incredible artists, activists, and community leaders, they taught me that success is best measured by contributions to one's community. They showed me the importance of extending kindness to everyone."

—Laura Ferrara, left, who styled Sandra Bullock for the cover

Tweet us *your* #firstbosslessons.
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September Was *Mega*

We packed our biggest issue of the year with plenty of fashion and feminism—and you were appropriately stoked.



"When Karlie and *Glamour* team up, you get perfection," tweeted @hlevy2002.

First Up: Karlie!
Glamour, keep highlighting women like Karlie Kloss who are beautiful *and* intelligent *and* successful. Yes, she has a pretty face, but her work—fighting hunger and encouraging women to code—is so important. *—arieberry, via glamour.com*

I loved seeing @karliekloss on the cover of @glamourmag! She's perfect for the epic September fashion issue. So inspired. *—@haleycaruso13, via Twitter*

Can't think of anyone in the fashion industry that's more deserving of the cover—Karlie is an amazing person and role model! *—@jacyoverstreet, via Instagram*

And Mindy Kaling (Yasss)
Loved Mindy's quote: "Work hard, know your sh-t, *show* your sh-t, and then feel entitled." This might be the best piece of advice ever. *—emodonnell06, via glamour.com*

Mindy's article on confidence was *amazing.* Kudos to her for being so insightful, articulate, and inspirational. I clipped that article for my three young girls. *—Erin McCoy, Fort Lee, N.J.*

Loved, LOL'd, and agreed with every word of @mindykaling's essay on confidence. *—@nishaksquared, via Twitter*

The World's Most Inspiring Girls
Reading "Inside The Girl Project," I was struck by the fact that girls' education needs addressing both 8,000 miles away in Kenya *and* 20 minutes away from me in downtown L.A. These girls are forces to be reckoned with and will bring positive change to this world. Everyone—no matter race, religion, sexuality, or zip code—deserves an education. *—Eve Bloomfield, Los Angeles*

The stories of the girls who've been helped by #thegirlproject almost made me cry. They're so strong! Amazing article. *—@BerglundE, via Twitter*

Go to thegirlproject.com to learn more about how to contribute and help a girl go to school.

Plus Trailblazing Women in Politics
"Meet the Women of Election 2016" made me glad to see women more active in all areas of politics—as candidates and behind the scenes. It's time for all women to reach parity in politics and business. *—teeseo, via glamour.com*

Feeling inspired by @glamourmag's new platform #the51 million, covering the 2016 election. Let's get educated and engaged! *—@ElliottStrat, via Twitter*

Your Party-Overload Opinions...
"Celebrating Everything, All the Time? People, It's a Don't," by Mary H.K. Choi, hit the nail on the head. The amount of money and energy we pour into ridiculous parties has to stop. If we could put that enthusiasm toward a greater good, *that* would be a real cause for celebration. *—Allyson Downing, Iowa City, Iowa*

I one hundred percent get the point of this article. But after my dad got sick this past year, I learned life is too short to care about what people think. If you want to celebrate the sex of your baby or your divorce, do it. While I applaud Choi's humor and spot-on descriptions of some of the more ridiculous events, people should feel empowered to celebrate what they want. The world could use a little more joy, don't you think? *—Grace Buckingham*

...And Your Health Wake-up Call
I study psychology with an emphasis on substance abuse and loved "Is Everybody on Something?" Thanks for showing that drugs shouldn't be taken lightly; they have the capacity to hurt you *and* the people around you. *—Elizabeth Krusher, Kingston, N.Y.*

GOT AN OPINION? Sure you do—and we want to hear it. Email us at letters@glamour.com; tweet to @glamourmag; comment on glamour.com or facebook.com/glamour; or write us at *Glamour,* One World Trade Center, New York, NY 10007. Submissions and comments become the property of the magazine and won't be returned; they may be edited and can be published or otherwise used in any medium.

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Mindy Kaling "makes me want to be a better woman," tweeted @ericaaarcher.

For nearly a decade I was a recreational and regular drug user. I never considered myself an addict, but after my second suicide attempt—following a coke and alcohol binge—I finally stopped. I'm 36 now and haven't touched anything since. I had no idea how many women are doing these things; thanks for bringing it to light. And thanks for making me realize that I'm lucky to be alive. *—Meredith Libratore, Spokane, Wash.*

Real Talk on Race

"It's Time to Break Our 'Comfortable Silence' on Race," by Elizabeth Alexander, filled me with respect. As she wrote, "The American 'we' is a varied and beautiful 'we.'" Thank you, *Glamour,* for so beautifully and nobly being a part of that "we." *—Veronica Helden, Osawatomie, Kans.*

Elizabeth Alexander brought up interesting issues, but I disagree with her comment about *not* getting rid of race. We are all unique individuals with ethnic histories, but the way we see each other has to change. We are one world and one people. Remembering *that* is what it will take to end racism. *—Kristine Roth, Port St. Lucie, Fla.*

Your Most-Used Word This Month? *Feminist*

@glamourmag, thank you for breaking the (outdated) mold with so many smart, empowering, feminist-minded articles this September! *—@annahyclak, via Twitter*

As a chemical engineering student, then law student, and now patent attorney, I've always felt part of a group of women who were left out of fashion magazines, but this issue was amazing: Mindy standing up for women who dare to be confident inspired me; "Inside The Girl Project" made me tear up at the dinner table; and the faces behind the elections of 2016 made me proud to be a woman. *Feminist* has been turned into an F-word these days, but this issue made me once again proud to call myself a feminist. *—Diya Liu, Austin, Tex.*

Missed any of the stories in our September issue? Download the digital edition from your device's app store.

Where Has Your *Glamour* Been?



"The town of Fira in Santorini, Greece, on a trip to celebrate my thirtieth birthday. So beautiful!"
—Asia Franks, 30, New York City

Gone someplace special with your Glamour*? Send or tweet us a photo! See details on the previous page.*

KALING: **MARK SELIGER.** FRANKS: JALIYLA FRASER

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Hair by Antoinette Beenders.

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Who could say no to those eyes? Stunning Sandra on our cover in a coat from **The Row** and a **Dior** earring. Coat, $2,850, The Row, L.A. Earring, $650 a pair, Dior stores.



A STRUCTURED TOP
Zara top ($50, zara.com)



A SALMON LIP
MAC Cremesheen Lipstick in Koi Coral ($17, maccosmetics.com)

PRECIOUS IN PINK
MAC Powder Blush in Pinch O' Peach ($22, maccosmetics.com)

Love Sandra's Elegant Look?

Join the club. Natural, chic, easy! Here are a few more styling tips to help you master it.



AN EASY ROBE
Mango jacket ($80, mango.com)



SUITABLY SLIM
H&M Studio pants ($50, hm.com)



A DROP OF BLING
Amber Sceats earrings ($119, shopbop.com)



A LITTLE SHINE
MAC Pro Longwear Paint Pot in Constructivist ($22, maccosmetics.com)



A SHADOWY SHADE
MAC Liquid Eye Liner in Boot Black ($21, maccosmetics.com)

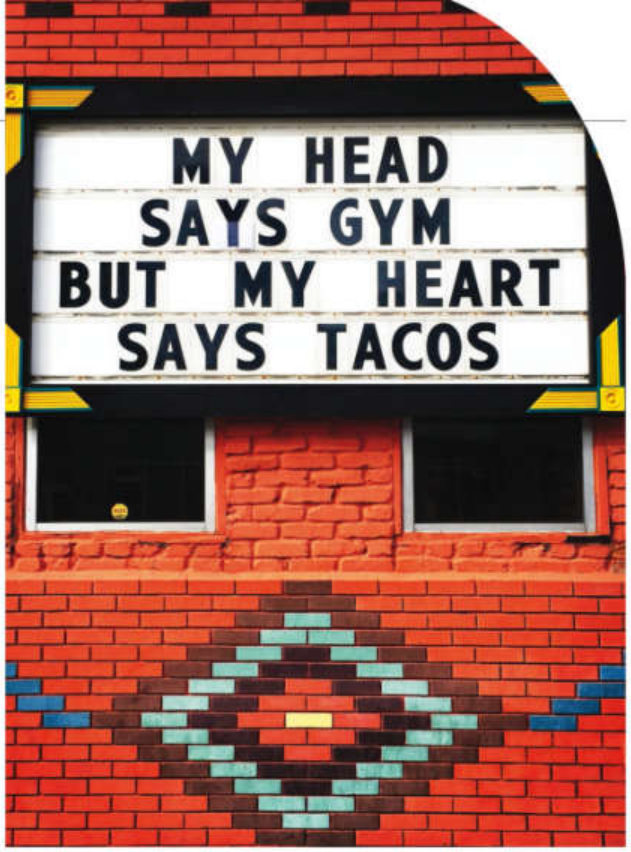
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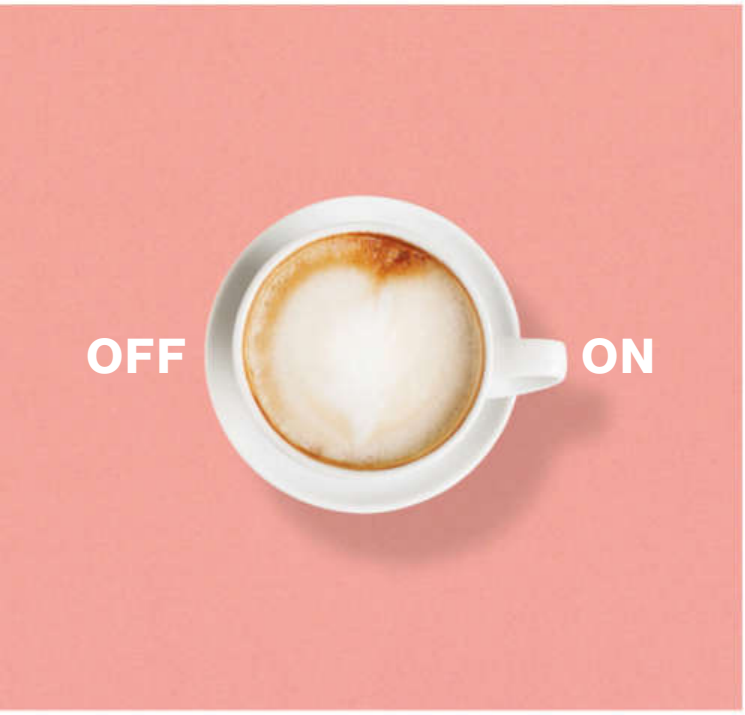
Give Thanks (and Post These)

Before stuffing your face on Turkey Day (which, by the way, we endorse), feed your timeline these delicious pins and 'grams. Curated by Alexandra Schwartz





Instagrammed by @therosepepper



Modified from a pin by Dani G.



Modified from a pin by Erika Hastings



Instagrammed by @jessicasays_; created by Jessica Wang

Like What You See? Share this month's picks by visiting *Glamour*'s Facebook, Instagram, Pinterest, Tumblr, and Twitter pages. And send a link to anything else you're loving to **omg@glamour.com.**

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FOR A BOLD EFFECT...
Chanel Ombre Essentielle Soft Touch Eyeshadow in Swing ($30, chanel.com)

Daily Beauty Inspiration!
The Lipstick Index at lipstick.com tracks hour-by-hour trends. What's hot now? The new colored eyes. Get 'em with these beauty-editor picks.

FOR BUILDABLE PIGMENT...
Gucci Infinite Precision Liner in Iconic Ottanio ($28, bloomingdales.com)

FOR PRECISE DEFINITION...
YSL Eyeliner Baby Doll in No. 18 Bleu Patine ($34, yslbeautyus.com)

FOR A SMOKY SWIPE...
L'Oréal Paris Silkissime Eyeliner in True Teal ($9, at drugstores)



New Ways to Layer
Take your favorite fall pieces right into winter with inspiration from street-style stars and more daily outfit ideas at glamour.com/fashion.

Glamour.com's Guide to Fall

So much fashion, beauty, and social media fun you'll barely miss summer



Follow Us on Snapchat!
We'll be talking with celebs live from movie premieres, bringing you with us on fashion weeks around the world, and giving you a sneak peek at what's new in our beauty closet. Find it all @glamourmag.

INSPIRATION: JASON LLOYD-EVANS. LAYER: TOMMY TON/TRUNKARCHIVE. SNAPCHAT: DANIEL ZUCHNIK/GETTY IMAGES. STILLS: **JOSEPHINE SCHIELE**

Microsoft



Start something great

Welcome to Windows 10. You'll know how to use the familiar Start menu pretty much instantly. With Microsoft Edge, write directly on the web with your finger or pen, draw or take notes and then share what you did. Talk to Cortana and she'll get to know you over time. And with Windows Hello, log in simply with a smile. The future starts now, for all of us.

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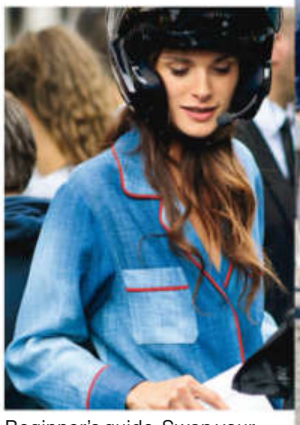
CALLING ALL CURIOUS

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Edited by Ashley Edwards Walker

New Do: Pajamas in Broad Daylight

First there were those irresistible PJ pants popping up on every page of your J.Crew catalog. Now there are the runways, where design houses from Gucci to Thakoon do sleepwear-influenced styles for day. One in five of you say you'd try the trend (we're with you!), so a few suggestions: Start with a tailored nightshirt over jeans, as at right, or wear a blazer with pajama pants (just don't forget mascara, lest anyone think you really did just roll out of bed). The dreamiest part? At bedtime there's no costume change required. —*Christina Pérez*



Beginner's guide: Swap your button-down for a PJ-style top.



Feeling brave? Go all out with a matching set in a bold print.

BELTED, PRINTED: TOMMY TON/TRUNK ARCHIVE. LIGHT BLUE: ADAM KATZ SINDING. SURVEY DATA COLLECTED FROM 114 WOMEN AGES 18–44, AUGUST 26, 2015, USING SURVEYMONKEY AUDIENCE

Bowl Cuts

Do? Don't? Discuss!



The ultrafeminine take: Do a longer cut, brush strands forward.

Is this #trending haircut fashion-forward—or too *Three Stooges*–esque? *Glamour* readers weigh in:

THEY'RE A DON'T: "I do not love bowl cuts—they look like wigs from the house of *Dumb and Dumber*. But Ruby Rose [below] could wear a trash bag and look amazing." *—Allison Tomson, Fairfax, Va.*

THEY'RE A DO: "My six-year-old self would kill me for saying this, but I think it's a Do! It's charming in a gamine, tomboyish way." *—Kelly Dougher, Stroudsburg, Pa.*

YOUR BOTTOM LINE: 77% of you say it's a Don't? Well, bowl us over!



The Three Stooges' Moe, bowl cut pioneer

If you're skeptical, skip the side shave, as Zendaya did.



Bonus: The cut highlights Ruby Rose's great brows.



The *Glamour* List

7

Things We're Secretly Thankful For

By Jessica Morgan and Heather Cocks

1. Egg McMuffins are now available All. Day. Long.

2. Tight football pants. Because really, *everyone* on the field is a tight end.

3. Mulled wine. Hot cider. Peppermint schnapps in hot chocolate. OK, fine: seasonal booze.

4. Gloves you can text in. Whoever invented those deserves a medal.

5. The ability to block calls on our phones. Talk to you never, weird ex!

6. The 30 seconds of another TV show you get at the end of the one you DVR'd. It's like peeking in a window before someone closes the blinds.

7. Best best best friends. Because there's more than one kind of lifelong love affair.

BLOND: THEURBANSPOTTER/BLAUBLUT EDITION. MOE: COURTESY OF EVERETT COLLECTION. ROSE: JON KOPALOFF/FILMMAGIC. ZENDAYA: VINCENT SANDOVAL/WIREIMAGE. FOOTBALL: RICH KANE/ICON SPORTSWIRE/NEWSCOM. SURVEY DATA COLLECTED FROM 114 WOMEN AGES 18–44, AUGUST 26, 2015, USING SURVEYMONKEY AUDIENCE


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Up-to-There Boots

The over-the-knee look is back. So: Do or Don't?

These Dior boots, spotted on the streets of Paris, helped start the thigh-high trend.



Not into the *way*-high look? This knee-topping pair is more wearable.



Suede is less severe than leather—a slightly subtler Do.

Thanks to street-style stars and the occasional Kardashian, thigh-high boots are having a moment. Some concerns do arise (are they too *Pretty Woman*? can those of us who eat carbs pull them off?). But *not* trying fall's boldest trend? That would be a big mistake. Big. Huge! Just pair them with skirts and dresses for maximum flattery (not with pants; they'll bunch up). Still afraid the look is too much? Minimize bare skin by wearing them over tights, or better yet, pretend the boots *are* tights and choose hemlines that cover their tops (as with the blue babies above). Added bonus: You've got an extra layer of protection against the winter chill—that alone makes these a Do!

37% of you are into over-the-knee boots. The remaining 63 percent say they're too much.

.com Shop fall's best boots—of *all* heights—at **glamour.com/fashion/shoes.**

BLUE BOOTS: TIMUR EMEK/GETTY IMAGES. BLACK BOOTS: FRENCHY STYLE/BLAUBLUT EDITION. SUEDE BOOTS: SANDRA SEMBURG. SURVEY DATA COLLECTED FROM 114 WOMEN, AGES 18–44, AUGUST 26, 2015, USING SURVEYMONKEY AUDIENCE


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"These women taught me the power of storytelling as a way to survive," says Wilde.

10 Women Who Changed My Life *by Olivia Wilde*

The actress honors her heroes, because celebrating women is *always* a *Glamour* Do.

1. Mali Finn

CASTING DIRECTOR

At 16 I was Mali's intern. I never figured out how to make good coffee, but she let me keep the job and taught me never to show up unprepared for an audition.

2. Carrie Fisher

ACTRESS

I relished her book *Wishful Drinking*, which gave me perspective on how to find humor in life's insane obstacles. Her line "If my life wasn't funny, it would just be true, and that is completely unacceptable" is a life raft of wisdom whenever *my* life becomes overwhelming.

3. Reed Morano

DIRECTOR



Reed and I collaborated on *Meadowland*, a film about a couple whose son goes missing. I remember watching her operate an extremely heavy camera hoisted up on her shoulders while simultaneously directing me. Only two months earlier we'd been waiting to hear if she was in remission from cancer. Her bravery comes from deeply rooted optimism, which I aspire to emulate in my own life.

4. Nora Ephron

AUTHOR AND DIRECTOR

Her commencement speech at Wellesley in 1996 should be required reading for all women turning 21. My favorite line: "I hope you will find some way to break the rules and make a little trouble out there. And I also hope that you will choose to make some of that trouble on behalf of women."

5. Solange Lusiku Nsimire

EDITOR-IN-CHIEF AND PUBLISHER, *LE SOUVERAIN*

I met Solange when she was honored at the 2014 Courage in Journalism Awards for her reporting in the Democratic Republic of the Congo. I was floored by her graceful bravery—and how she's willing to risk her life to make sure justice is won.

6. Sharlene Pope

MY DOULA AND NANNY

People minimize the role of nannies in their lives, but Sharlene has been a teacher, a healer, and a sister. I would not be able to pursue my career without her presence, as she is almost like a second mother to my son.

7. Janet McTeer

ACTRESS

I was lucky to see Janet McTeer as Nora in Henrik Ibsen's *A Doll's House* when I was 13. She had a high fever and went onstage anyway, placing cups of water around the set and incorporating gulps seamlessly into her performance. I was gobsmacked by her brilliance.

8. Rebecca Lolosoli

FOUNDER, UMOJA WOMEN'S VILLAGE

Umoja is a village in Kenya populated by survivors of gender-based violence. I visited Rebecca there as part of PBS's *Half the Sky* documentary, and I asked her why we needed men at all, since Umoja seemed so idyllic. She laughed at me and said, "Because we love men."

9. Tilda Swinton

ACTRESS

I met Tilda at a Golden Globes party when I was 20. Most people assume actresses fear aging, but she told me how happy she was to be past her youth because she found it more creatively liberating. Suddenly I was very excited to grow up.

10. Leslie Cockburn

JOURNALIST AND MY MOTHER

My mother has won every accolade in journalism and could rest on her laurels, yet she continues to evolve as an explorer. Her example as a mother is what I aspire to as a working parent. G

Olivia Wilde is the star and producer of Meadowland, *out October 16.*

WILDE: TESH/TRUNK ARCHIVE. MORANO: ROBKIM/GETTY IMAGES

Who would make your list? Tweet us **@glamourmag #inspiringwomen.**

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Let's Hear It for Women Who Get Stuff Done! Actress and comedian Amy Poehler, photographed in 2009 by Brigitte Lacombe

25 Years *of* Heroines

Next month, in the December issue, *Glamour*'s **WOMEN OF THE YEAR** marks its 25th anniversary. To start the **COUNTDOWN** to that major celebration, we caught up with some of our past honorees (and personal heroes) to hear what **BIG DREAMS** they have for *you* in the next 25 years.

In 1990 *Glamour* held our first Women of the Year ceremony at New York City's Rainbow Room, honoring game changers like Senator Barbara Mikulski, tennis great Chris Evert, and that year's cover star—who else?—Madonna. In the years since, we've grown, moving the event to Carnegie Hall and saluting activists, athletes, scientists, and artists along the way. The world, too, has changed. We went from having *zero* female CEOs on the Fortune 500 list back then to 26 in 2015; from 31 women in Congress to 104 today. We still have a long way to go (26 CEOs out of 500 is still a little dude-heavy!), but one thing is clear: *Glamour*'s Women of the Year are changing the world, and inspiring *you*. In the words of one of last year's thousands of commenters: "These women lit a fire in me to chase my dreams and be the strong, independent woman I want to become." Cheers to more of *that*. As we count down to our big anniversary, 18 of our past winners reflect on all the progress women have made—and where we need to go from here. And check back next month, when we reveal our 2015 list of honorees. There will be champagne.

Amy Poehler

2009 Woman of the Year

"'Women in comedy' is just too narrow a term to hold us all in!"

"One of the great things to happen in the past 25 years is the variety of voices, styles, and points of view that have emerged from female comedians. That big umbrella of 'women in comedy' is just too narrow a term to hold us all in! I spend a lot of time working with young women through [a program I cofounded called] Smart Girls; with all the Photoshop and fake stuff, their world is so different from when I grew up. But that makes them crave authenticity—they're really good at sniffing it out. I see how these young women are thinking, how they're creating, and I like the real estate they take up. I feel very optimistic and energized by them, and I can't wait to see what's next. Of course, the awesome and infuriating thing about life is that you have no idea what's next. Which is hard for a control freak like me!"

—as told to Alison Prato



Hillary Clinton

1992 and 2008 Woman of the Year

"We're just getting started."

"In 1990 no woman had ever commanded a space mission or become a four-star general; 25 years later, we've done that and much more. Still, we've got to do more to unlock the potential of women and girls. There's strong evidence that when women and girls can participate fully in their families and communities, economies grow and nations are more secure. Let's make the full participation of women and girls a reality, once and for all."

Presidential candidate Hillary Clinton, photographed at age 60 in 2008 by Ron Haviv

Serena Williams

2009 Woman of the Year

"At the end of the day it's really about loving *you*. My mantra is 'Strong is beautiful.' You can be strong, powerful, *and* beautiful. You can be amazing just as you are."

Tennis champ Serena Williams, right, photographed at age 28 in 2009 by Brigitte Lacombe



MADONNA: **PATRICK DEMARCHELIER.** COURIC: CINDY ORD/GETTY IMAGES

Words to Live By? We've Got 25 Years' Worth!

Straight from the mouths of our past winners



"It's a great feeling to be powerful."

—singer Madonna, 1990

"Age is no barrier. It's a limitation you put in your mind."

—decathlon champion Jackie Joyner-Kersee, 1992



Actress and activist Lena Dunham, photographed at age 26 in 2012 by Danielle Levitt

Lena Dunham

2012 Woman of the Year

"People always say you can't change other people's minds, but you actually *can*."

One of the things that has happened in my lifetime is that the Internet has appeared, creating an opportunity for women all over the world to have a debate around feminism that was missing in mainstream culture before. Today we know about Malala Yousafzai and her struggle for an education. And Columbia University graduate Emma Sulkowicz, who brought massive awareness to campus sexual assault with *Mattress Performance*. Of course, there is so much that *hasn't* shifted culturally. My mother spent the seventies and eighties protesting on behalf of abortion rights, and now I am still railing against politicians who are trying to squash those rights. People always say you can't change other people's minds, but you actually can. We all have the power to be active using our intellect and our social media presence.

"I have not reached 30, so I hope I have a lot more in me. But I think that my biggest accomplishment has been trying to remove the sense that perfection is a requirement. That being sexually valuable isn't what makes you valuable. Removing the idea that if you don't look like one of the cast members of *Gossip Girl*, you don't have a right to exist in the world. That is an insidious belief, and I really hope *Girls* has lightened that burden for a few people, even if it involves me looking stupid while naked sometimes."

—as told to Jessica Pressler

"The time is upon us, ladies. We're not going to continue waiting for people to... make up our minds for us."
—Senator Carol Moseley Braun, 1992

"Be the heroine of your own life."
—writer Nora Ephron, 1993

"There are times you're going to feel shaky—that's what girlfriends are for."
—actress Susan Sarandon, 1995



"It's not how you deal with success that's the measure of a woman. It's how you deal with the setbacks."
—journalist Katie Couric, 2002


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Condoleezza Rice

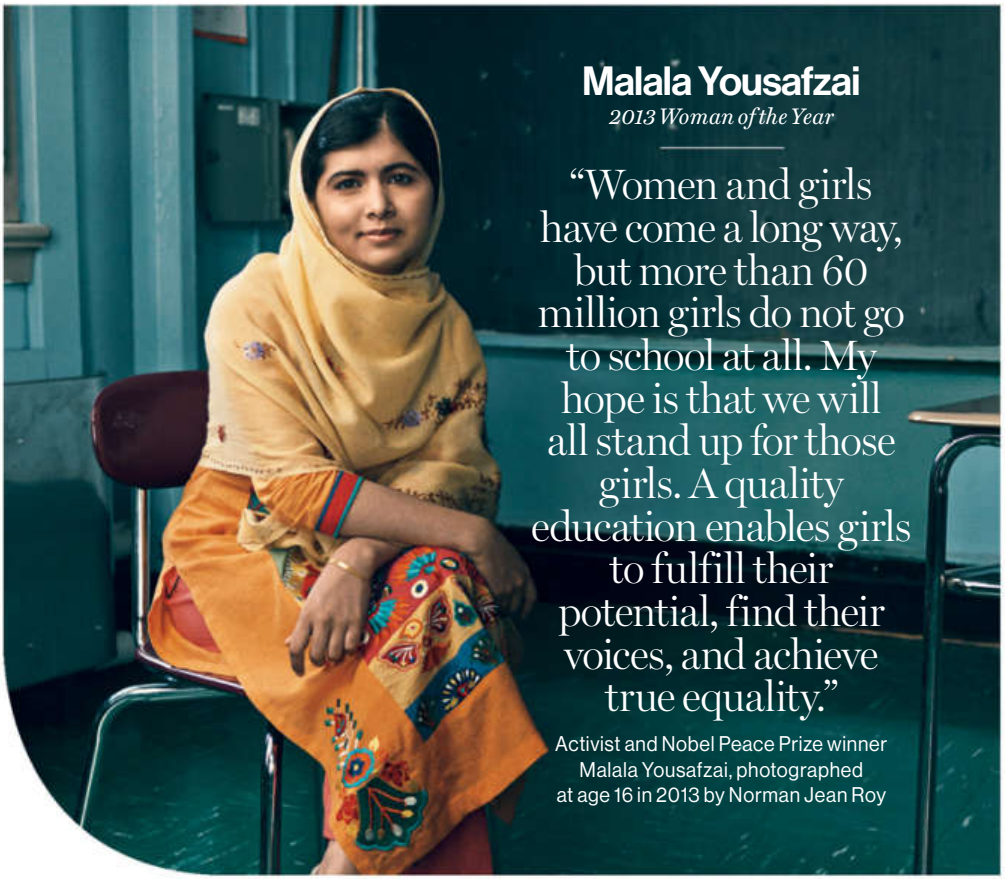
2008 Woman of the Year

"Find your passion."

"The most important thing you can do in life is find your passion. One day I walked into a classroom, in international politics...taught by a Soviet specialist, a man named Josef Korbel, who ironically was Madeleine Albright's father. Professor Korbel opened a world to me. When you find your passion, you'll realize that you didn't find it, it found you. And then you can go on to try to make a difference in the world."

Former Secretary of State Condoleezza Rice, below, photographed at age 54 by Norman Jean Roy at the U.S. State Department





Malala Yousafzai

2013 Woman of the Year

"Women and girls have come a long way, but more than 60 million girls do not go to school at all. My hope is that we will all stand up for those girls. A quality education enables girls to fulfill their potential, find their voices, and achieve true equality."

Activist and Nobel Peace Prize winner Malala Yousafzai, photographed at age 16 in 2013 by Norman Jean Roy

Nicole Kidman

2008 Woman of the Year

"We're all here to take care of the next generation."

I've been through births, marriages, deaths—I've had the cold, hard facts of life hit me right in the face. And yet I still look in wonder at this gift of life. Ultimately, we're all here to take care of the next generation. Women are often held back by our tendency to second-guess ourselves. Where a man says, 'I want this' and goes and gets it, a woman goes, 'Do I deserve it? What do you think?' We need to give each other confidence to withstand all of the different ways people can try to stop you. The more you give back, the better the world will be." *—as told to Lauren Waterman*

Actress Nicole Kidman, right, photographed at age 41 in 2008 by Patrick Demarchelier





"Find out who you are and be that person."
—television host Ellen DeGeneres, 2003

"Every time a woman is named CEO, an angel gets her wings."
—former MTV CEO Judy McGrath, 2004

"You either take action or you don't. Standing up and speaking out makes you feel a lot better than doing nothing."
—author Judy Blume, 2004

"I believe in truth. The truth is very strong."
—singer-songwriter Melissa Etheridge, 2005

DEGENERES: ALBERTO E. RODRIGUEZ/GETTY IMAGES





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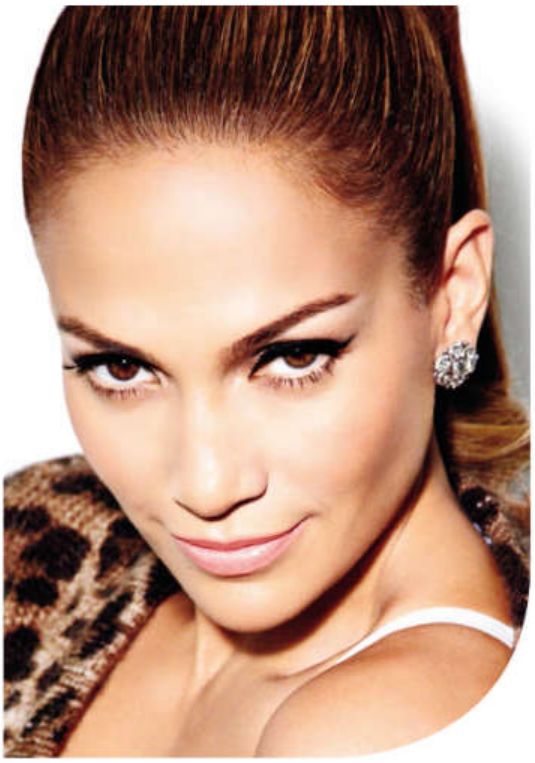
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Jennifer Lopez

1999 and 2011 Woman of the Year

"Support other women."

The women in my life shaped me into the woman that I am today. My grandmother taught me how to cook and not to be afraid to serve and to be humble—and to always go out looking nice, because people like that and then they respect you. My mom is a teacher and a mother who worked tirelessly and taught me discipline and a work ethic. But the most important lesson that they all taught me is to take care of other women, support other women. Your girls are the most loyal people in your life. They will always be there. They will never leave you. Those are the greatest loves of my life."

Singer and actress Jennifer Lopez, above, photographed at age 41 in 2010 by Ellen von Unwerth



Laverne Cox

2014 Woman of the Year

"To be a black trans woman on this list feels like a major change."

"So often we celebrate the courage of trans people. I experience that, and Caitlyn [Jenner] is experiencing that. But then the same people who celebrate our bravery will also support things like prohibitive bathroom rules. Applauding a transgender person is wonderful, but it's only part of what needs to happen. How do we make their lives better? Twenty-five years from now, I hope we are moving past the gender binary model; rejecting gender stereotypes means everyone can be liberated." *—as told to Allison P. Davis*

Actress Laverne Cox, photographed at age 30 in 2014 by Victor Demarchelier



Gloria Steinem

2011 Woman of the Year

"I assumed I would have to marry the man I wanted to become. It was the women's movement that made me realize we *do* have a choice. That was life-giving."

Author and activist Gloria Steinem, left, photographed at age 77 in 2011 by Jason Schmidt

"Listen to everyone, refrain from reacting, go to your quiet corner, and make your own decision."
—actress Goldie Hawn, 2005



"Be original. Be original. Be original."
—actress Sandra Bullock, 2006 (read more of her wisdom on page 174!)

"Ladies, everything I do, I try to carry my head up high. I do it for you, so that you see that you can do it too. So I want you to do me a favor and repeat after me: 'I can accomplish anything if I believe in myself.'"
—singer and actress Queen Latifah, 2006

BULLOCK: LARRY BUSACCA/WIREIMAGE FOR GLAMOUR





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Julia Roberts

2010 Woman of the Year

"We need to be kind to ourselves. I think it's important for women to be happy with whatever *their* idea of balance is—don't compare yourself to what someone else is able to balance."

Actress Julia Roberts, above, photographed at age 42 in 2010 by Martin Schoeller

Melinda Gates

2013 Woman of the Year

"Think about the world and how you can effect change."

In 2013 *Glamour* honored philanthropist Melinda Gates for her efforts to eradicate the world's biggest problems—from poverty to hunger to birth control accessibility—through her leadership at the Bill & Melinda Gates Foundation. *Glamour* editor-in-chief Cindi Leive sat down with her this year to hear more.

CINDI LEIVE: If you had to write a headline about where women have come over the past 25 years, what would it say?

MELINDA GATES: "Amazing Progress and Also Still Some Gaps." We've made huge progress in life expectancy for women—we've gotten family planning and women and girls onto the global health agenda. And women are starting to get leadership roles but not in the numbers we need. Having women in those roles makes a difference because they think about the issues differently.

CL: Since 2012 your focus within the foundation has really been on contraception. Why *is* it that [birth control] hasn't improved more? I mean, our readers are essentially using the same methods that their mothers were.

MG: The U.S. didn't invest in research and development.... Many women in the developing world, particularly in Africa, use a shot that they get every three months. But they have to go to a health clinic—sometimes it's in stock, sometimes not. So now the foundation is spending on research and development. One of the things we're investing in is a small blister-pack shot [that's easy to transport and use]. Eventually we want to give it to women so they can give it to themselves.

CL: You've said that on one of your early trips to Africa, you were looking at the men and seeing that they were wearing flip-flops and smoking—and that the women were barefoot.

MG: *And* the women were either with a small child or pregnant and carrying something huge on their head to the market. The disparity was huge! And once, in a Maasai village, I was invited to a ceremony where they were doing a genital cutting of a young girl. They were proud; it was an honor that they were inviting us. And I thought, I don't understand what's going on here for women and girls.

CL: As a working woman in the early nineties, where did you think you would be in 25 years?

MG: I always thought I would be a working mom. But I never imagined that I could come back and learn a whole different field. Bill even said to me on my 50th birthday, "You're learning a whole new field! How many women do you know who are doing that?" To have that kind of wind at your back is a really nice thing.

CL: I think a lot of women look at a marriage like yours with admiration. How did you know Bill was a good egg?

MG: The world saw this big technology person, but I saw the heart in him. He had a lot of respect for what I was doing, and he listened well. And he had a mother who was on many boards; he thought that was fantastic and liked to talk about her work. So I knew he respected women in business quite a bit.

CL: Looking forward, 25 years from now, what do you hope the headline will be?

MG: "Women Around the World Have Been Empowered to Do What They Want—for Themselves and Their Families."

KING: NORMAN JEAN ROY

"Just remember: Pressure's a privilege—dream big, and truly go for it."

—tennis champion Billie Jean King, 2006



"I believe that every woman has a right to her own intelligence and to stand up for herself and to defend herself, and it doesn't hurt to know a good roundhouse kick."

—actress Jennifer Garner, 2007



Philanthropist Melinda Gates, photographed at age 49 in 2013 by Jason Bell

"Be willing to take the risk when the time is right. And surround yourself with people who believe in you and can help you believe in yourself."
—Chanel CEO Maureen Chiquet, 2008

"You can't solve all the problems of the world, but each day you can do something."
—scientist Jane Goodall, 2008

"*That's* glamour: saying, 'I want to be as beautiful as I can be, to myself first, and to anybody else who has enough sense to see.'"
—poet Maya Angelou, 2009


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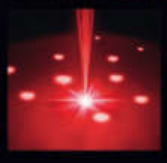
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Liya Kebede and Christy Turlington Burns

2013 Women of the Year

"We've made enormous progress."

"More mothers around the world are surviving childbirth than ever before. But still one in four babies are born without skilled care. It's our greatest responsibility to make maternity care accessible for all women in the next 25 years." —*Kebede*

"Gender equality is at a tipping point now.... In the next 25 years, [the conversation] needs to be about *everybody* being lifted up.... The potential is unlimited when we can truly call ourselves equalists." —*Turlington Burns*



Models and activists Kebede, left, and Turlington Burns, right, photographed at ages 35 and 44 in 2013 by Patrick Demarchelier



Singer, actress, and activist Barbra Streisand, photographed at age 71 in 2013 by Russell James

Barbra Streisand

2013 Woman of the Year

"You are the women we've been waiting for."

Barbra Streisand was honored as a Woman of the Year in 2013 for her storied career *and* her contributions to women's health through The Barbra Streisand Women's Heart Center in the Cedars-Sinai Heart Institute. She talks to *Glamour* editor Ashley Edwards Walker.

GLAMOUR: What's most eye-opening to you when you look back over the past 25 years?

BARBRA STREISAND: We still have a lot of work to do for gender equality. I have always been concerned about inequality in Hollywood and in the world at large, and I was surprised to find it even in the way we treat heart disease. It kills more women than all cancers combined; yet over the past 50 years, most studies have focused on men.

GLAMOUR: How do you hope that's different 25 years from now?

BS: I hope we'll have more education and research dollars so heart disease will no longer be the number-one killer of people. And I hope we've had several female presidents and that women make up half of Congress *and* major film directors.

GLAMOUR: What are your words to live by?

BS: Believe in the power of your own voice.... You are the women we've been waiting for.

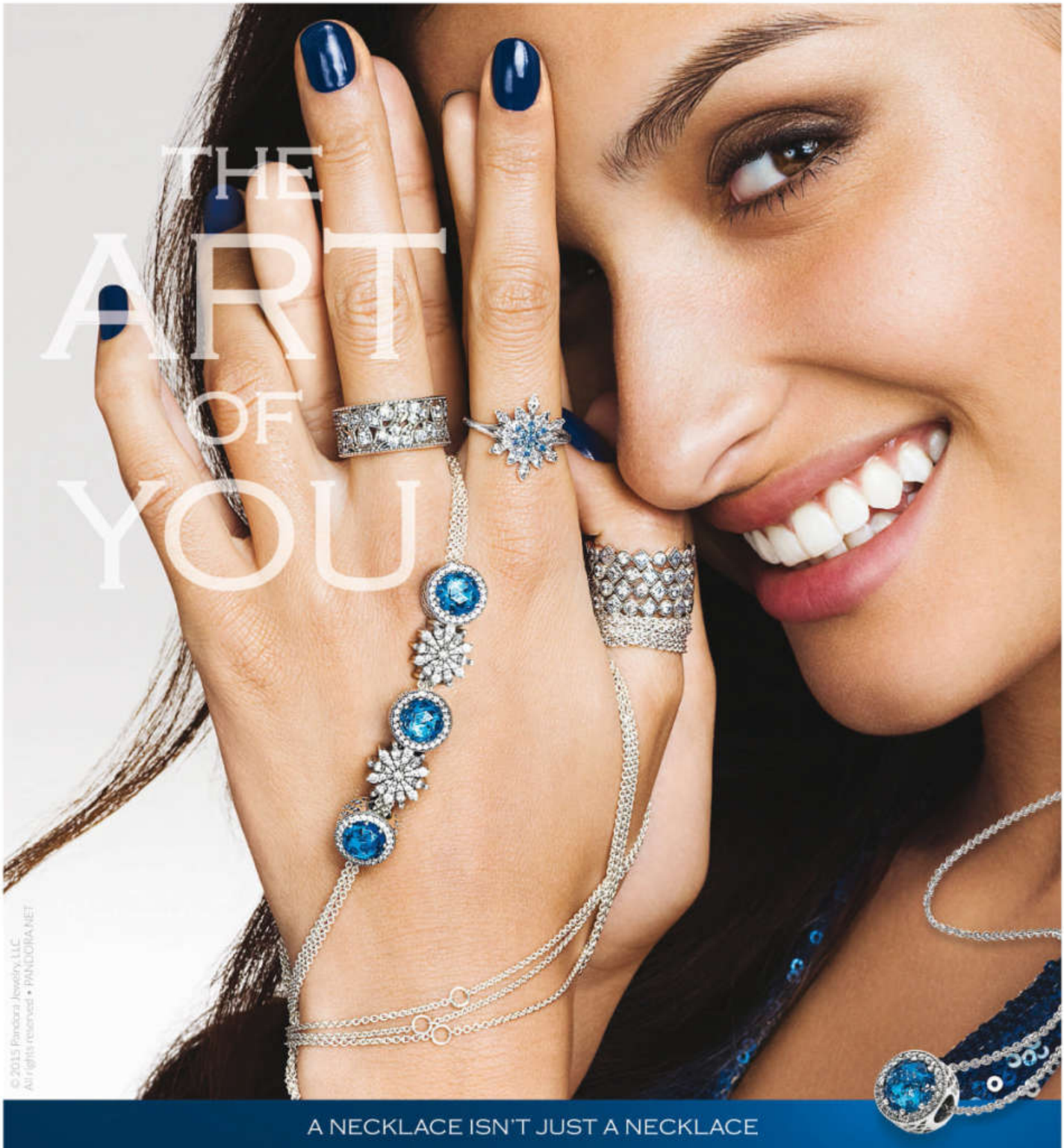
"When you do something you don't feel ready to do, that's when you stretch and you grow and you learn." —*Yahoo CEO Marissa Mayer, 2009*



"Don't take no for an answer. Because *no* is just some bullshit word that someone made up, you know?" —*singer and actress Cher, 2010*

"There's no successful woman or man who has not failed along the way. Failure is not the opposite of success; it's a stepping stone to success." —Huffington Post *editor-in-chief Arianna Huffington, 2011*

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Stella McCartney

2009 Woman of the Year

"As a designer, I have the ability to celebrate my customers, embrace their differences, and not just try to create cookie-cutter women. For the next 25 years, I would like fashion design to be more than fashion; for it to encourage people and challenge people to be socially and ethically responsible."

Designer Stella McCartney, above, photographed at age 41 in 2013 by Mary McCartney

Shonda Rhimes

2007 Woman of the Year

"Women on television have changed drastically."

Over the past 25 years, we've proven that shows revolving around women can be popular. Women can now be shown as being competitive in the workplace, owning their sexuality, choosing an abortion, and the audience will be OK with it. But behind the scenes, there's still so much work to do. Sadly, I don't feel like there are a lot more women in charge than there were when I started out—though I *am* seeing a large influx of women going to film schools now, so I'm hopeful that's going to change things.

"When you're starting out, you spend so much time trying to get somewhere. Then you spend so much time being afraid that the somewhere you've gotten is going to go away. Now I'm finally able to relax, and I'm having so much fun at work and with my kids. My daughter, Harper, is 13, and the other night she had a slumber party. I listened in on all these girls talking. They have no concept of the idea that they wouldn't be able to accomplish something. I don't think they're entering the same world at all. It's fascinating to witness." —*as told to Megan Angelo*



Writer, director, and producer Shonda Rhimes, photographed at age 37 in 2007 by Norman Jean Roy

"Never overpromise or underdeliver."
—*Net-a-Porter Group founder Natalie Massenet, 2013*

"Strong women get things done! Be passionate. Be courageous. Be your best."
—*former Congresswoman Gabby Giffords, 2013*

"It's true to say that clothes may just be clothes, but dreams are never just dreams; they're reality waiting to happen."
—*designer Sarah Burton, 2014*



"Don't compare your insides to other people's outsides."
—*U.S. Ambassador to the United Nations Samantha Power, 2014*

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Michelle Obama

2009 Woman of the Year

"We need to start thinking of ourselves as global citizens."



The First Lady, photographed at age 45 in 2009 by Matthias Vriens-McGrath at the White House

First Lady Michelle Obama was just one year into her time at the White House when *Glamour* honored her in 2009. This year Genevieve Roth spoke to her about Let Girls Learn, her new initiative to get girls around the world into school.

GLAMOUR: What has happened for women and girls in the past 25 years?

FIRST LADY MICHELLE OBAMA: Societally, things have improved. But there's still a lack of education—girls around the world are struggling just to get to a classroom. That's why the United States' partnership with the United Kingdom [in support of Let Girls Learn] is so important. The University of Cambridge is starting a center that looks at what best supports girls' ability to learn.

GLAMOUR: If you could give girls around the world a superpower, what would it be?

MO: Gosh, just one superpower?

GLAMOUR: Hey, you're the First Lady of the United States! You can pick as many as you want.

MO: Courage, to push through the doubts and tough times that you're experiencing when you're 12 or 13 or 14—they're just a blip on the screen.

GLAMOUR: What can *Glamour* readers do to bring about the changes we need?

MO: We need to start thinking of ourselves as global citizens so that we know the plight of women and girls around the world. We want to get more young people to become inspired to say, "Let me *not* skip school because there's a young girl who would die for this opportunity." I grew up in communities where kids who were just as smart as me didn't have opportunities because their family didn't have the resources to help them get to college. Whenever I got tired or didn't want to get up at four in the morning, I thought about those kids. I think about that to this very day.

"I know that, especially when you're young, you're afraid. Don't be. As you get older, it's the things that you *don't* do that you regret more so than the things that you do."
—journalist Robin Roberts, 2014



ROBERTS: LARRY BUSACCA/GETTY IMAGES FOR GLAMOUR

Who Will Win This Year?

We're recognizing 50 "hometown heroes" from all 50 states. Vote now for your favorite from the top five at glamour.com/WOTY. Then meet all of our winners in our December issue; and follow @glamourmag on Twitter, Instagram, and Snapchat during the celebration at Carnegie Hall on November 9 at 7:00 P.M. EST.

Tablet Bonus! Download the issue from your device's app store so you don't miss the list.


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EDWARD STEICHEN, 1928



GEORGE HOYNINGEN-HUENÉ, 1930

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EYES ON THE PRIZE
Actress Aurora Perrineau, 21, who stars in this fall's *Jem and the Holograms,* shows off the sequin trend. "I love a small, compact purse," she says. "And this classic shape lets me have fun with color and texture."

Chanel bag. **Marni** top, skirt, belt. **See Glamour Shopper for more information.**

PERRINEAU: **JAMES RYANG;** HAIR: DEBORAH BRIDER FOR MATRIX STYLELINK; MAKEUP: CHRISTOPHER ARDOFF FOR DIOR; MANICURE: TATYANA MOLOT AT ABTP



Bebe earrings ($24, bebe.com) W D

If You're a Downtown Girl...

Go bold or go home! Mix graphic patterns with unexpected accessories—like these perforated heels and oh-so-chic bags.



Your How-to: "I've always wanted to wear socks and heels," says Perrineau. "Now I know how to do it!" Her secret? Stick to thin pairs in neutral shades.

Prada ensemble, prada.com.

Longchamp dress ($895, longchamp.com) W R

Marc by Marc Jacobs necklace ($148, marcjacobs.com) W D

Old Navy sweater ($45, oldnavy.com) W R

Loeffler Randall bag ($350, footcandyshoes.com) W D R

Nine West pumps ($99, ninewest.com) W D R

PERRINEAU: **JAMES RYANG**; HAIR: DEBORAH BRIDER FOR MATRIX STYLELINK; MAKEUP: CHRISTOPHER ARDOFF FOR DIOR; MANICURE: TATYANA MOLOT AT ABTP. STILLS: **TIM HOUT**; STYLIST: RENATE LINDLAR

See **Glamour Shopper** for more information.



kate spade
NEW YORK



L.K.Bennett cardigan ($150, lkbennett.com)
W R



Louis Vuitton earring, available in all letters ($225, louisvuitton.com)
W D R

If You Love a Little Polish...

Then gold heels and earrings are your friends! Perfect with classic skirts and cardigans.



Your How-to:
"On the red carpet I usually stick to classic pointy-toe shoes," says Perrineau, below. "But these metallic sling-backs were my favorites on the shoot!"

Rochas top, skirt, modaoperandi.com; heels, $750, rochas.com. **Fallon** earrings, $120, fallonjewelry.com. **Loquet London** bracelet, loquetlondon.com.



Derek Lam 10 Crosby bag ($595, Derek Lam 10 Crosby stores)
W D R



J.Crew pumps ($265, jcrew.com)
W D



White House Black Market skirt ($140, whbm.com)
W D



Tory Burch earrings ($250, toryburch.com)
D R

PERRINEAU: **JAMES RYANG**; HAIR: DEBORAH BRIDER FOR MATRIX STYLELINK; MAKEUP: CHRISTOPHER ARDOFF FOR DIOR; MANICURE: TATYANA MOLOT AT ABTP. STILLS: **TIM HOUT**; STYLIST: RENATE LINDLAR. ARTWORK BEHIND SOFA: FROM HACKNEY FLOWERS SERIES © STEPHEN GILL, COURTESY OF DILLON GALLERY

See **Glamour Shopper** for more information.

— *the* —

CHIC PEEK



Daniela Ramirez of *Nany's Klozet* hosted the Neutrogena event



Neutrogena sun care stand



Cynthia Caneja & Emily Bradham at the Captain Morgan Flavors event

MIAMI SWIM WEEK

Glamour celebrated Miami Swim Week with two buzzy event series: a weekend lounge atop Soho Beach House featuring a kickoff cocktail and a day of fitness and beauty, and a late-night pop-up series with L.A.'s karaoke hotspot, Blind Dragon, at FDR at Delano.

Special thanks to our partners: Neutrogena, Captain Morgan, **smart**water, Starbucks VIA® Instant, L'Oréal Paris, Blind Dragon, In House Ideas, S'well, Soho Beach House, Bianca Coletti Swimwear, *The Fashion Poet*, GLAMSQUAD, DavidBartonGym, Delano, Absolut Elyx, Perrier-Jouët, Belluso, The Glam App.



The Fashion Poet's Annie Vazquez & Juliana Cardona



smartwater at the DavidBartonGym beach boot camp



Gift bag with Starbucks VIA® Instant Iced Coffee and a custom S'well bottle



Bianca Coletti (center) celebrated her swimwear with *A Bikini A Day*'s Natasha Oakley (left) and Devin Brugman (right)



Blind Dragon pop-up party

L'Oréal Paris touch-up station with The Glam App at the Blind Dragon pop-up





Sherly Tavarez & Priscilla Torres

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Ocie New York ($150, ocienewyork.com)

Alexander McQueen ($475, Alexander McQueen, NYC, 212-645-1797)

Miranda Frye ($42, miranda frye.com)

Marni ($400, moda operandi.com)

Dior ($650, select Dior stores, 800-929-3467)

STYLIST: NICOLE SOFER AT CA1 CA2 CORNELIA ADAMS



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STYLIST: NICOLE SOFER AT CA1 CA2 CORNELIA ADAMS

Photograph by **Richard Pierce**


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THE LOOK-CHANGING SCARF **Express** scarf, $15; **Gant Rugger** shirt, $125



THE TASSELED HANDBAG **Ela,** $330



THE POINTY-TOE FLATS **J.Crew** shoes, $168; **COS** top, $135; **Gap** jeans, $90

What We're Buying Now

Over in the *Glamour* fashion closet this month, we're into pastels, patchwork, and a touch of denim.



THE ROSE-COLORED GLASSES **Toms,** $149



THE GRAB-AND-GO CLUTCH **ASOS,** $36



THE STRUCTURED TOTE **DKNY** bag, $298; **Uniqlo and Lemaire** sweater, $50, and skirt, $50



THE WESTERN BUCKLE **Lovestrength** belt, $99



THE CHAIN-LINK BELT **White House Black Market** belt, $64; **Jill Stuart** top, $428; **Bebe** skirt, $159



THE SLINGBACK MULES **Kenneth Cole** shoes, $170; **ASOS** culottes, $69



THE SUEDE SADDLEBAG **Michael Michael Kors** bag, $328; **Anna Sui** top, $352; **Marc by Marc Jacobs** jeans, $278



THE PATCHWORK BOOTS **Derek Lam 10 Crosby,** $395

WOMEN: **KATIE FRIEDMAN**. STILLS: **TIM HOUT**; STYLIST: RENATE LINDLAR

To shop these items now and for more fashion ideas, visit **glamour.com/shopping.**

See **Glamour Shopper** for more information.


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Sole Man

You know your Manolos, Louboutins, and Choos. Now meet rising footwear icon Paul Andrew—and steal his advice on raising your shoe game!
By Brittany Adams



Lean In Paul Andrew with actress Emmy Rossum (in his peep-toe slingbacks). "He's a real gentleman," says Rossum, "with a wicked sense of humor."

It was my own Carrie Bradshaw moment. I had a meeting with red-hot footwear designer Paul Andrew at the Four Seasons Hotel in New York City, *the* destination for power lunches and celeb spotting, but my flat shoes weren't doing it for me. After all, this was an interview with "the next Manolo Blahnik," as he's been called; I had to step things up! Our accessories director walked me to the *Glamour* fashion closet, and there my eyes fixed on the perfect pair of scarlet suede pumps. I picked them up, and guess what: yep—Paul Andrew.

I already knew that British-born, New York City–based Andrew, 36, had earned, in his three short years in business, a massive following for his fantastical, obsessionworthy heels. But now, after test-driving those red pumps up and down hundreds of subway stairs and dozens of city blocks, I can attest that his creations are comfortable too (or as comfy as heels can be!).

Andrew's secret weapon? A spot-on fit (developed from X-rays of 500 female

continued on page 90

Photograph by Williams + Hirakawa

STYLIST: JESSICA DE RUITER. MAKEUP: CHRISTY COLEMAN. BOTH AT THE WALL GROUP. HAIR: ROBERT VETICA AT THE MAGNET AGENCY. SPORTMAX DRESS; PAUL ANDREW SLINGBACKS. SEE GLAMOUR SHOPPER FOR MORE INFORMATION

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CHIC PEEK

WHAT'S YOUR BEAUTY MOMENT?

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PREPARE FOR ADVENTURE

From getting in shape and strength training to marathons, readers across the country showed us how they got ready for their next feat during the **#PrepareForAdventure** contest. Below is our second winner, Brandy from Michigan, preparing for an IRONMAN Triathlon.

Check out the Motion Series by Eddie Bauer, an outdoor training series featuring everything you need to build fitness, strength and endurance for your next adventure.

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Eddie Bauer EST. 1920

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subjects' feet) and a hidden layer of "memory" padding for cushiony support. "I feel like many designers get so concerned about the aesthetic of the shoe but less about the function," says Andrew. "But I'm making shoes for a woman on the go, and you can't be handicapped by your shoes. There is nothing less attractive than seeing a woman looking like she is about to fall over."

Of course, Andrew's shoes (all handmade by artisans in Italy) are flat-out gorgeous, and some—like the wait-listed Chrysler Building–inspired pair, right, that Emmy Rossum donned as his date to this year's CFDA Fashion Awards—are basically wearable art. "I'm a die-hard, born-and-bred New Yorker, so I fell in love," says Rossum.



Now, *That's* a Shoe!
A Paul Andrew pump, inspired by New York City's Chrysler Building

Even Andrew's comparatively simple shoes, like pointy flats or sensible slingbacks, always have an element of surprise (think punchy hues, dynamic prints, or swaths of fringe). "Paul's shoes are timeless yet fashion-forward," says Sarah Rutson, Net-a-Porter's vice president of global buying. "They don't make you look like you're trying too hard to be noticed."

Celebrities are fans too: A-listers like Gwyneth Paltrow, Emma Stone, and Taylor Swift are choosing Andrew's designs over those made by bigger names. "Paul's shoes are stylish to the tenth degree and pretty on the foot, but you can also really *move* in them," says stylist Micaela Erlanger, whose clients include Lupita Nyong'o, who wore a custom pair of Paul Andrew pumps to the Golden Globes last year.

As for Andrew's favorite celeb endorsement? "Jessica Chastain was at the Cannes Film Festival, and the paparazzi asked her to get into the ocean," he says. "I can't believe she did this, but Jessica took off her shoes, which she had bought from us, and was holding them so my name on the insole was visible in all the pictures. As an emerging designer, you can't ask for better press."

But don't assume that Andrew is an out-of-nowhere wunderkind; his career is actually a great example of how good things come to those who *work*. Prior to launching his own line in 2012, Andrew spent 15 years designing shoes for brands such as Alexander McQueen, Narciso Rodriguez, Calvin Klein, and Donna Karan. Today he still finds time to collaborate with both established labels (like Diane von Furstenberg) and under-the-radar ones (Rosie Assoulin); he is reportedly juggling *16* collaborations this season. "I do work a lot," he says, laughing. "But I can find balance even when I'm busy. One thing sort of feeds the next." He also took home one of the industry's top awards last fall when he won the CFDA/Vogue Fashion Fund (and the $300,000 prize that came with it). As a result of the honor, he designed a capsule collection for J.Crew that offers his sexy styles at more affordable prices.

The designer, who appeared on *The Fashion Fund* TV show last year, says his fans have started stopping him on the subway. But *he's* looking at *them* too. "When I'm walking down the street, I'm always on the brink of tripping because all I do is look at people's feet," he says. "I want to empower women and make them feel beautiful."

The Styles Every Woman Needs in Her Closet

Investing? Make sure you have these three slots filled, says Andrew. #shoegoals!



The Fantasy Shoe
"All women have occasions for special shoes, whether it's to spice up jeans or an LBD. A 'wow' pair is a necessary indulgence!" ($795, Bergdorf Goodman, NYC)

The Classic Heel
"What's not to love about a single-sole pump? It *always* makes you look refined." ($675, similar styles at shopbop.com)





The Slingback
"One of the most elegant shoes a woman can wear. On either flats or heels, it really elongates the leg." ($695, modaoperandi.com)

BLACK PUMPS: COURTESY OF @PAULANDREW. SEE GLAMOUR SHOPPER FOR MORE INFORMATION



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The Month in Outfits

Fashion genius Yasmin Sewell, 39—cofounder of the Parisian-inspired label Etre Cécile—styles 30 sharp looks using five staple pieces. Voilà!

THE COLORFUL KNIT



1

J.Crew ($248, jcrew.com)

2

I love how the sweater brightens up fall staples like a trench coat and high-waisted denim.



THE DINNER JACKET



7

Balmain x H&M On sale November 5—but move fast, because it'll sell out! ($149, hm.com)



8

With a classic turtleneck and loafers, the jacket is great for a day at the office.



9

The blazer, a white T-shirt, and jeans are effortless style at its finest!

10

A floral skirt makes the boyish jacket feminine.



16

The top and a denim skirt make a foolproof Sunday combo.



17

Tailored trousers and a sweeping overcoat take it from weekend to work.



18

Wearing it as a strapless top with a statement necklace—perfect for after-hours cocktails.

THE GRAPHIC TEE



19

Etre Cécile ($115, saks.com)

23

I can rock the tee *all* year long with tailored outerwear.





24

The sporty T-shirt with sparkly heels? Unexpected... and *très* chic!

THE TUXEDO-STRIPE PANTS

Michael Michael Kors ($175, michaelkors.com for stores)



25



26

I take the pants to the office with a sleek longline vest and heels.

HAIR AND MAKEUP: KENNY LEUNG AT CAROL HAYES MANAGEMENT. STILLS: **TIM HOUT**. STYLIST: RENATE LINDLAR

See **Glamour Shopper** for more information.



3

With a flowing maxiskirt, the knit takes me to brunch...



4

...and it's office-appropriate with a midi skirt and booties.



5

Ripped jeans, vintage sunnies, and the bright knit: my ideal downtime look.



6

Set for date night with earrings and a skirt worn over pants.



11

The blazer gets a nautical makeover with my straw boater and summery dress.



12

With added touches of color and texture, the jacket relaxes.

THE OFF-THE-SHOULDER TOP

13



Apiece Apart ($345, apieceapart.com)



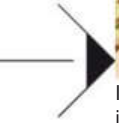
14

For a work event, I pair the top with a full skirt and pointed pumps.



15

Wearing it over a turtleneck or long-sleeve shirt extends its life well into the fall.





20

It's fun to juxtapose the casual tee against a tulle skirt and tall boots.



21

My go-to outfit when playing with my kids? The shirt with overalls.



22

I love layering. Do a graphic T-shirt with a velvet dress!



30

Who said you can't wear stripes on stripes? You have to have fun with fashion! XO, @yasminsewell



27

With trainers and a basic top, the trousers are cool-girl approved.



28

A dramatic white blouse plays up the pants' stripe. Party ready!



29

I made a "suit" by adding a dark jacket. And this orange button-down is one of my favorites.

Photographs by Jason Lloyd-Evans

.com Find more what-to-wear inspiration at **glamour.com/fashion/outfit-ideas.**


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How They Dress on the Job...

...in Minneapolis, where female marketing pros think—and dress—outside the box.
By Brittany Adams



Simple and Chic
"I've slowly been drifting toward wearing more color," says Furlong, at Target headquarters. "Our Pantone room is a great place for inspiration."

Edun dress, $1,795. **Tees by Tina** turtleneck, $58. **Eddie Borgo for Target** earrings, $20. **R.J. Graziano** bracelet, $55. **Maje** loafers, $530.

FURLONG: **SOPHIE ELGORT**; FASHION EDITOR: REBECCA MALINSKY; HAIR: CHARLIE BRACKNEY; MAKEUP: CAROL STOPERA AT WEHMANN MODELS & TALENT; STILLS: **CHRIS GORMAN, TIM HOUT**; STYLIST: RENATE LINDLAR

"My personal style is cool, crisp, and graphic—with a wink."

HER JOB: Madelynn Furlong, 25, is the art director for Target's fashion-and-beauty-focused @targetstyle social media accounts. "Social media is about telling a story and connecting with the audience," says Furlong, who also writes a popular style blog, Wide Eyed Legless.

HER LOOK HERE: "I'm representing the Target brand in a visual way, so I want to look the part. I like how simple it is to throw on this color-blocked dress—one easy step—and a turtleneck layered underneath makes it an outfit. I'd wear the flats to a meeting or while running around on set."

HER FASHION M.O.: "I went through a phase where I got rid of all my clothes I didn't *love,* then started investing in really good basics to create a minimal uniform. I gravitate toward clean tailoring and structured shapes with interesting details."

Conscio cuff ($150, shopconscio.com)

Tibi loafers ($385, tibi.com)

Forever 21 dress ($50, select Forever 21 stores); **Merona** turtleneck ($18, target.com)

continued on next page

See **Glamour Shopper** for more information.

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"I take risks professionally, and I bring that approach to my wardrobe too."

HER JOB: As the vice president of communications and public affairs for the electronics retailer Best Buy, Amy von Walter, 41, spends her time managing the company's PR teams, meeting with the CEO, traveling for product launches, and handling the occasional crisis. "I have to maintain a sense of calm when things go wrong," she says. "Some people run screaming from a building, and others run in like firefighters. It's a good analogy because I'm a former volunteer firefighter and an all-around fixer."

HER LOOK HERE: "As I've gotten more self-aware and comfortable in my own skin, fashion has become something that helps me express who I am. I love that this look is polished yet stylish. A white blazer makes the printed dress more professional, and a pair of killer high heels makes me feel like I have superpowers!"

HER PHILOSOPHY FOR GETTING DRESSED: "Some people plan out their outfits for the week, but I need to open my closet and see what I'm feeling at the moment. I have fun piling on costume jewelry, like stackable rings, sparkly necklaces, men's watches. Accessories personalize any look."



Personality Pieces
"I'd wear this to a meeting with reporters or a corporate presentation," says von Walter, on the Best Buy campus.

Barbara Casasola blazer, $1,375. **Risto** top, $396, skirt, $565. **Bally** bag, $1,695. **Narciso Rodriguez** pumps, $1,095.

VON WALTER: **SOPHIE ELGORT;** FASHION EDITOR: REBECCA MALINSKY; HAIR: CHARLIE BRACKNEY; MAKEUP: CAROL STOPERA AT WEHMANN MODELS & TALENT; STILLS: **TIM HOUT;** STYLIST: RENATE LINDLAR



Michael Michael Kors dress ($295, select Michael Kors stores)



J.Crew blazer ($248, jcrew.com)



Whistles shoes ($330, whistles.com)

.com Solve all your office-outfit dilemmas at **glamour.com/fashion/outfit-ideas.**

See **Glamour Shopper** for more information.

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Have you heard?

Dove's new Dry Spray Antiperspirant has everyone talking, including cousins Elana and Christina.

Besides having grown up together, Elana, 27, a marketing manager, and Christina, 26, a teacher, are lifelong friends. They got closer when both went to college in New York City.

ELANA: In college, we'd always try new fashion and beauty trends. We still rely on each other for honest advice and info.

CHRISTINA: I love that you told me about Dove Dry Spray. As a teacher in the classroom, I run around all the time. Dove Dry Spray has no dry time, and it smells great.

ELANA: One thing I love about it is the scent. It's so fresh. And you feel clean, smooth and dry from daytime to nighttime.

CHRISTINA: I'm really glad you shared it with me. Now let me borrow that top.





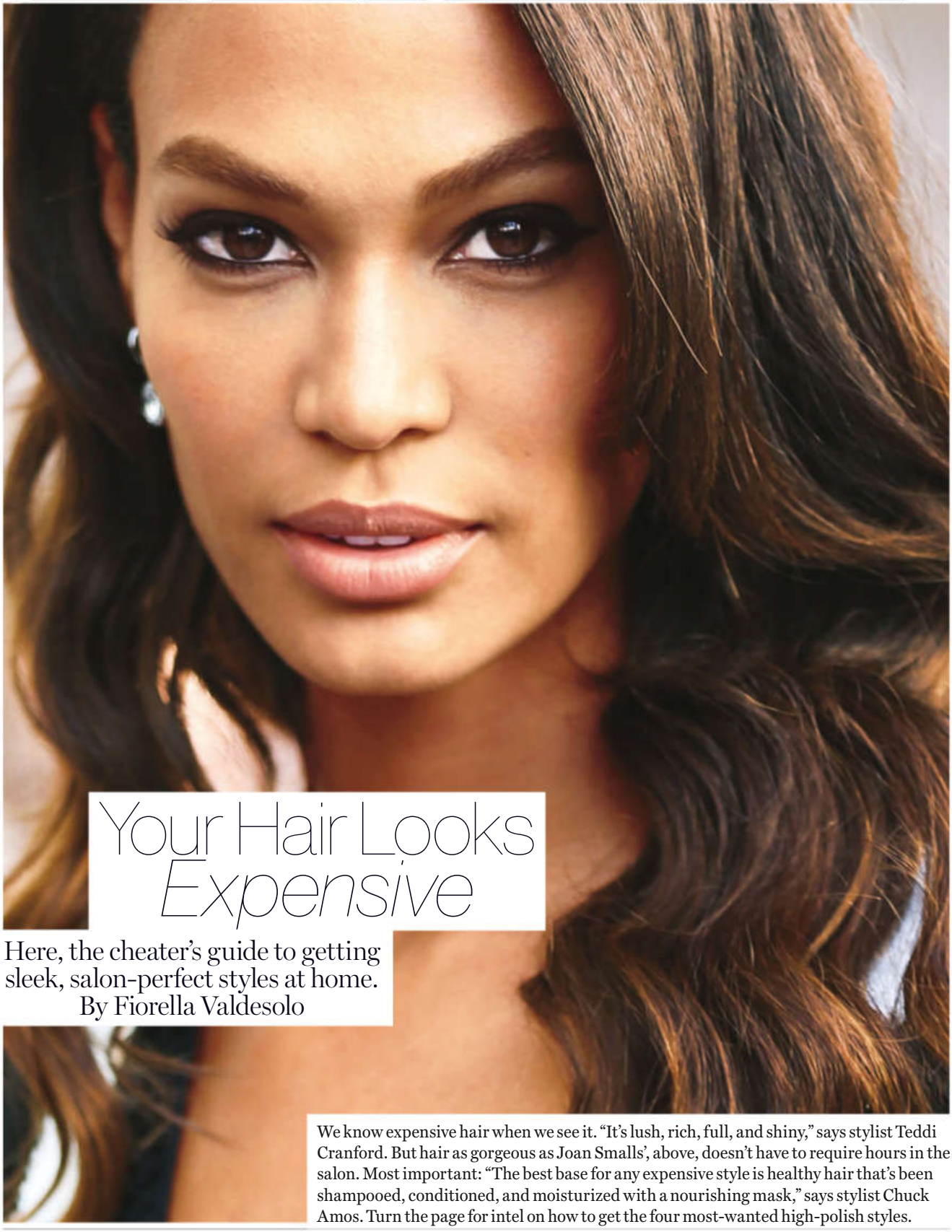
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NEW YORK FASHION WEEK OFFICIAL PARTNER FOR 15 SEASONS



Your Hair Looks *Expensive*

Here, the cheater's guide to getting sleek, salon-perfect styles at home.
By Fiorella Valdesolo

We know expensive hair when we see it. "It's lush, rich, full, and shiny," says stylist Teddi Cranford. But hair as gorgeous as Joan Smalls', above, doesn't have to require hours in the salon. Most important: "The best base for any expensive style is healthy hair that's been shampooed, conditioned, and moisturized with a nourishing mask," says stylist Chuck Amos. Turn the page for intel on how to get the four most-wanted high-polish styles.

SMALLS: DAVID X PRUTTING/BFA/SIPA USA/NEWSCOM

The Expensive Updo

"This is so easy that it should be the go-to hairdo for girls who don't do their hair," says Amos of Gigi Hadid's *I Dream of Jeannie*–esque braided bun, right. It works just as well on clean or day-old hair, he says, as long as you smooth down any frizz. "What makes it look expensive is how sleek it is in the front," says stylist Tommy Buckett. Coat blow-dried or air-dried hair with a mixture of cream and gel—"they act together," says Amos. Then pull back with a soft bristle brush and secure with an elastic. Spray the length of hair with dry shampoo or texturizing spray, then braid and secure the end, wrap the braid into a bun, and pin into place. Finally, pull the braid apart a bit with your fingers using a dab of moisturizing cream. Keep in mind: This high bun requires at least six inches from the pony base; if you have collarbone-length hair, place the pony lower on your head and "plump hair by backcombing and teasing before you braid it to fake more volume," suggests Amos.



For Gloss Like Gigi's Shu Uemura Touch of Gloss ($39, shuuemuraartofhair.com)

The Expensive Pixie

The difference between a luxe-looking pixie (like Kate Mara's, right) and a simple short crop has a lot to do with the cut—leaving it a bit longer in front gives a richer feel, says Buckett. Adding a little lift also makes most short cuts more evening-ready. "Use a small round brush while drying to lift hair at the crown," says Amos. "That kick-up makes it look expensive and helps the face appear more slender, especially if you have a heavier jawline." Finish with a molding paste or pomade, like the Kérastase one above. "Warm it up in your hands, and use fingers to piece out bits of hair," says Buckett.





For Waves Like Amber's Double up on styling *and* thickening spray to hold and shape curls.



For Piecey-ness Like Kate's Kérastase Elixir Ultime Sérum Solide ($45, kerastase.com)

For Smooth Length Like Emily's L'Oréal Paris Advanced Haircare Ultimate Straight Perfecting Balm ($7, at drugstores)

The Expensive Curls

Classic Hollywood curls like Amber Heard's, below left, always look rich. The how-to: First, coat damp hair with styling spray so it will hold a curl; then add a thickening spray, like Philip Kingsley Trichotherapy Volumizing Protein Spray ($64, philipkingsley.com), in front for that forties roll. Blow-dry with a round brush for volume. Run a serum like Redken Glow-Dry Oil ($32, redken.com for salons) through hair so your curling tool of choice (a one-inch iron or hot rollers) will glide, not stick. Create a deep side part and curl hair under toward the face all the way around, and pin low behind the ear. On the other side do one-inch barrel curls from front to back. "It's about symmetry, so all the curls must go in the same direction," says Amos. Brush out with a soft brush: "Brushing out curls so they are not prom ringlets makes it expensive," explains Cranford. If you have longer hair, pin curls under or wear it loose like Smalls' on the previous page. Seal with a fine-mist hairspray. "Spray at least six inches away from your head," urges Cranford. "If you see the spray, it cheapens it."

The Expensive Long Look

What takes straight hair from everyday to elegant, like Emily Ratajkowski's, left? High shine and a strong part. "The part gives a tuxedo feel," says Buckett. Run a straightening serum (like the L'Oréal one below left) through damp hair; if hair is curly or kinky, try a dense cream instead (it takes extra moisture to break down a curl into a straight strand). A product tip: "Before using a cream or serum, put it in your palm and wave it in the air for 30 seconds," suggests Amos; this lets water and alcohol (which can interfere with styling and straightening) evaporate, concentrating the product so it works better. Next, create a sharp part with a metal tail comb, and dab a light wax along the part to keep it open. A side-part flattery trick: "Make a line going straight up from the highest part of your eyebrow," says Buckett. Blow-dry with a paddle brush in sections, starting underneath and raking hair down as you go. Last, to get hair super straight, brush each section, following with the flatiron an inch or so behind the brush. "The brush will spread the hair out so the flatiron can get each strand," says Amos. "It comes out like ribbon candy." G

HADID: GEORGE PIMENTEL/WIREIMAGE. HEARD: VENTURELLI/GETTY IMAGES. MARA: AURORA ROSE/STARTRAKSPHOTO.COM. RATAJKOWSKI: AURORE MARECHAL/ABACA/STARTRAKSPHOTO.COM. STILLS: **JOSEPHINE SCHIELE**


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Wait, How Do You Use That Brush?

A quick beauty-editor guide for the confused. By Jennifer Mulrow



A MULTIPURPOSE BRUSH

Great for evenly applying foundation, blush, or bronzer.

Sonia Kashuk Dual Fiber Multipurpose Brush ($26 for seven-piece set, target.com)

A CONTOUR BRUSH

Sweeps foundation or bronzer along cheekbones and jawline to define them.

Sephora Collection Pro Contour Kabuki #82 ($38, sephora.com)

A STIPPLING BRUSH

Use to dot on liquid foundation for a diffused, airbrushed effect.

Topshop Beauty Stippling Brush ($16, topshop.com)

A FAN BRUSH

Works for highlighting nose and cheeks with luminizer—also sweeps away excess eyeshadow.

Sigma Beauty F41 Fan Brush in Chrome ($16, sigmabeauty.com)

A THIN LINEAR BRUSH

Use to fill in brows and apply shadow along upper and lower lashes.

Artis Elite Mirror Linear 1 Brush ($32, artisbrush.com)

A TAPERED BRUSH

The dome shape softly blends blush across cheeks.

Real Techniques Bold Metals 300 Blush Brush ($24, ulta.com)

A POWDER FINISH BRUSH

Best for dusting on loose powder foundation.

BareMinerals Beautiful Finish Brush ($32, bareminerals.com)

RICHARD PIERCE; STYLIST: NICOLE SOFER AT CA1 CA2 CORNELIA ADAMS



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The secrets to *Silky Shiny Hair*

Using the Silk Express Collection
from It's a 10 Haircare



1 2 3 4

STEP 1 MIRACLE SILK SHAMPOO

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STEP 2 MIRACLE SILK HAIR MASK

With help from the collection's signature silk ingredient, eri, this mask instantly detangles hair, imparts silkiness and locks in moisture. Just work into hair for one to three minutes after shampooing, then rinse.





STEP 3 MIRACLE SILK CONDITIONER

This time-saver in a bottle will literally cut your drying time in half. For vibrant and voluminous hair, apply after mask all over hair then rinse thoroughly.

5

6

STEP 4 MIRACLE SILK SMOOTHING BALM

Detangle and lock in that silky look by applying this balm to wet hair after conditioning.

STEP 5 MIRACLE SILK LEAVE-IN

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MODEL: MARIA CHECA. PHOTOGRAPHY: JONATHAN BECKERMAN. HAIR STYLIST: JOSUE PEREZ

Katy Perry Is Totally Beauty Obsessed

Some stars just dabble in hair and makeup, but this musician (and perfumer!) seriously knows her stuff. Here, she shares what she's learned.



My onstage vs. off-duty look: I'm Katy Perry onstage. At home I'm Katheryn Hudson. I've created this cartoon look when performing, but offstage I don't always have three hours to put it together. That's when I'm just about lashes, shaping my brows, and more natural skin. I use CoverGirl mascara, and I like lash extensions too—they make you feel like Bambi. Then a nice bronzer and a good powder. I just learned how to shade a little bit so you slim your face down and take care of your undercarriage underneath your chin.

My hair-color-as-accessory mind-set: I'm naturally the most boring dishwater squirrel brown. So I've been playing with colors since I was 15. I loved the grunge green, and shocking blue was fun. Colored hair is such a huge accessory that you don't even need to add extra stuff.

My best nail-art moments: I've done election nails, royal nails. I've used BuzzFeed for ideas. But now I'm really into a gel mani. People talk about, "Oh, you know, it hurts your nail beds." I'm like, "Listen, nobody is talking about how strong your nail beds look. They're saying, 'Oh my God, that mani is incredible.'"

My favorite flaw: Well, I don't know everything; I don't have a great education. Some would consider asking questions about mundane things or what a word means a flaw, but I love that I do that.

My first fragrance memory: If I meet a guy in the elevator who's wearing Acqua di Giò, I think of my first boyfriend. One of my favorite things about fragrance is the powerful memories associated with it.

My forever scent: My signature scent now is, and always has been, a blend of vanillas. And I never spray it on my skin. I spritz and walk through—or levitate through. I like to spray it on my hair too. With Mad Potion, the two main ingredients are exotic vanillas and androgynous musks. It's definitely a sweeter perfume. I like to be edible. I want somebody to...eat me.

My getting-ready anthem: "I'm Every Woman," because who knows what kind of woman I'll be that night?

My favorite grooming look on a man: If your teeth and nails are good, you're a candidate. If you can't clean under your nails and you want to touch me, forget it. And personally, the less hair, the better. I like a trimmed man but not completely waxed. I'm not into that f--kboy look.

My Instagram-ready pose: Have the camera above you, not below you. A lot of shadows happen below, and it's very unflattering. Lighting is also important. Definitely be facing the light, going for the light. Catch some lighting, kids!

—as told to Simone Kitchens
(follow Perry on Instagram @katyperry)



A Few of Her Favorites
"I always go to bed wearing By Terry lip balm."

By Terry Baume de Rose ($60, b-glowing.com); her new fragrance **Katy Perry's** Mad Potion ($49 for 1.7 oz., kohls.com); **CoverGirl** Full Lash Bloom Mascara ($9, at drugstores)

"I like girls that look like cartoons, like Sita Abellan from the 'Bitch Better Have My Money' video."

PERRY: CASS BIRD/CAPITOL RECORDS. ABELLAN: MIREYA ACIERTO/GETTY IMAGES. STILLS: **JOSEPHINE SCHIELE**


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WHY SHE'S BUSIER, AND HAPPIER, THAN EVER
"IF I'M NOT TAKING CHANCES, I GET BORED"
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INSIDE THE BOX
NYLON
THE MAD GENIUS OF Rita Ora
HOW TO LOOK LIKE GIGI HADID
THE Fairy Princess Hair OF YOUR

The Month in Nails

Need an easy way to dress up your look this fall? We've got 30.
By Jennifer Mulrow

Stripes



1 Make shark-tooth shapes for an edgy detail.



2 Paint a thin line down each nail—a different color for every finger!



3 Do curved black lines over warm nude tones.



4 Accent bare nails with a shimmery gold strip.



5 Draw pencil-thin white lines toward the center of each nail.



6 Elongate nails with clean, vertical stripes.

7 Place nail-art striping tape on a glossy black base for crisp contrast.



Dark Hues



8 Match a sultry black mani to dramatic eyes.



9 Apply two coats of a sophisticated maroon polish.



10 Blend black and white polish for a marbled gray.



11 Pair bold pigment with rounded tips.



12 Go for a rich plum, like Essie Nail Color in In the Lobby ($8.50, essie.com).



13 Add little squares in glossy purple over matte lacquer by swiping from center to tip.



14 And don't skip the base coat, especially with dark shades; it prevents stains!

1, 5: MATTEO SCARPELLINI/IMAXTREE.COM. 3: ALESSANDRO ZENO/IMAXTREE.COM. 4, 10, 12, 13: ESSIE. 6: AURORA ROSE/STARTRAKSPHOTO.COM. 7: JENNIFER GRAYLOCK/GETTY IMAGES. 8: MOLLY SJ LOWE. 9: MARK LEIBOWITZ. 11: MATTEO VOLTA/IMAXTREE.COM. 14: ANNA WEBBER/GETTY IMAGES

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Artsy Touches



15 Paint silver fish-bone patterns with a fine detail brush.



16 Swirl wet polish on your nail with a toothpick for an abstract design.



17 Layer spills of similar shades and top off with a gold tip.



18 Dab on swerving black with an angular brush.



19 Use a nail-art pen for precise lines...



20 ...or for drawing on tiny feathers.



21 Get painterly with quick, visible brushstrokes.

Sparkle



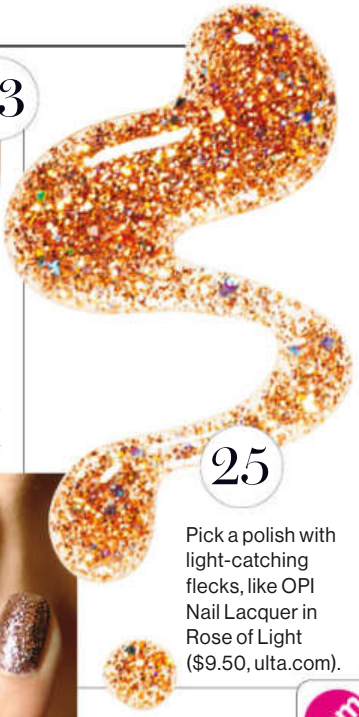
22 Run gold metallic polish over pine green nails.



23 Brush on subtle shimmer that fades out from the tip.



24 Apply thick coats of gritty glitter lacquer for texture.



25 Pick a polish with light-catching flecks, like OPI Nail Lacquer in Rose of Light ($9.50, ulta.com).

Neutrals



26 Use a cool blue-gray for an effortless finish...



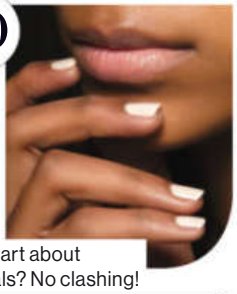
27 ...or go romantic with a lavender pink.



28 Clean, white nails work all year round.



29 Soften stiletto nails with a creamy nude.



30 Best part about neutrals? No clashing!

15: IMAXTREE.COM. 17, 22: ZOYA. 18: NOAM GALAI/GETTY IMAGES. 19, 28, 30, ALESSANDRO ZENO/IMAXTREE.COM. 20: MARK LEIBOWITZ. 21: GORUNWAY.COM. 23: RUNWAY MANHATTAN/AFF. 24: GORUNWAY.COM. 26, 27, COURTESY OF MORGAN TAYLOR LACQUER. 29: JASON LAVERIS/FILMMAGIC

Want to make your party nails last? Find mani-extending tips at **lipstick.com/nails.**



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How We Fake Perfect Skin

Real women reveal their complexion issues—and the solutions that fixed them for *good*. By Cristina Mueller



The hashtag #IWokeUpLikeThis? Please. Plenty of us work hard to get our skin in great shape, and we're proud of it. Here, four gorgeous (and busy) women share how they transform their skin into its best possible shape—no matter what gnarly issues crop up.

How I Learned to... Protect My Skin

YOUR GUIDE: *Jessica Sailer Van Lith, 33,* Glamour *fashion market and style director, New York City*

For Sailer Van Lith, who's fair and freckle-prone, almost all skin decisions revolve around warding off the sun, even when it's cloudy. "I'm supersensitive to the sun, so I'm crazy about sunscreen to keep from getting freckles and wrinkles," she says. Her skin care M.O.: ironclad UV protection, plus restorative treatments to help reverse any existing damage.

Her rain-or-shine SPF layers: "Every single day I use EltaMD UV Physical Sunscreen SPF 41 [$30, lovelyskin.com]. I'm fanatical with my kids too; they put it on every day all over. It's nongreasy and totally disappears the second you apply it, and you can even layer makeup over it. Next comes La Prairie Anti-Aging Hydra Tint Sunscreen SPF20 [$100, laprairie.com]—it's very light but gives you an even effect in such a nice way."

Her go-to cleanser: "My ultimate favorite face wash is the Tata Harper Regenerating Cleanser [left]. I love everything about it: the consistency, the smell, the fact that it's natural. It also removes any sunscreen buildup at the end of the day."

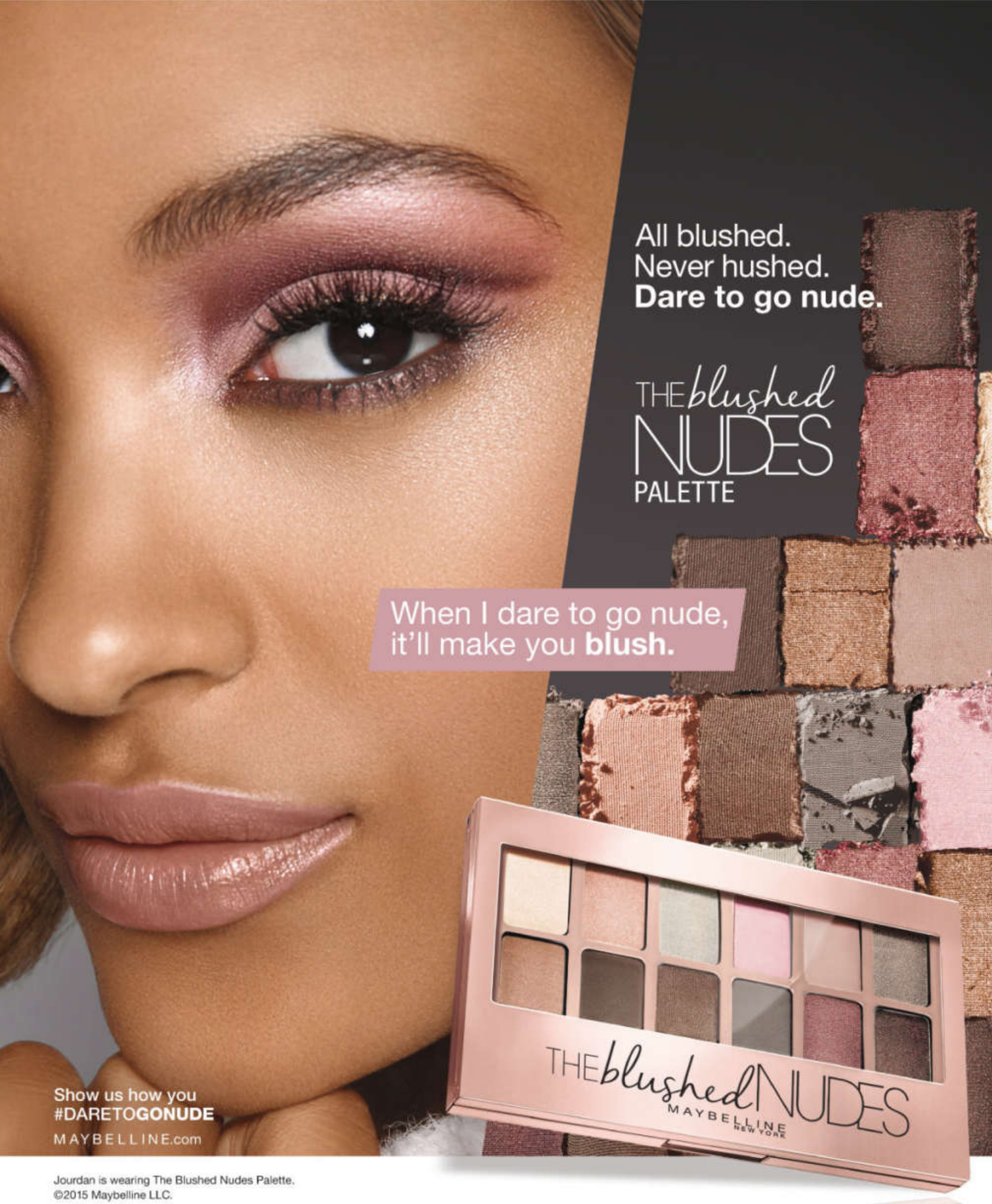
Her P.M. repair routine: "After I wash my face, I put on Obagi Nu-Derm Clear [$108, obagi.com for retailers], which is great at repairing sun damage. Every other night I use Retin-A [available by prescription from your dermatologist]. I started Retin-A in high school and have used it on and off, and when I'm in a good routine with it, my skin never looks better. It can be drying, so you just have to manage how often you use it. Then I put on Decléor Aromessence Néroli Serum [left]. In the fall my skin gets drier, and I love that the formula is really moisturizing."



Her Daily Essentials
Tata Harper Regenerating Cleanser ($75, tataharper.com); **Decléor** Aromessence Néroli Serum ($68, decleorusa.com)

SAILER VAN LITH: CLAIBORNE SWANSON FRANK. STILLS: **JOSEPHINE SCHIELE**

continued on next page



Jourdan is wearing The Blushed Nudes Palette.
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How I Learned to...

Clear Up My Skin

YOUR GUIDE: *Jenni Konner, 44,* Girls *executive producer, New York City and Los Angeles*

To say we have a woman crush on Konner, the whip-smart executive producer of HBO's *Girls,* is an understatement: She's not only a TV honcho; she also just launched the women's newsletter Lenny with business partner Lena Dunham. Unsurprisingly, she pulls no punches, telling us the real deal with her skin: "When I went off the Pill and onto a hormone-free IUD, my skin went bananas," she says. "I looked like a Proactiv 'before' picture—which is bad enough in your teens but brutal in your forties." Konner's life is not, shall we say, unbusy, so her path back to clear skin had to be streamlined.

Her A.M. drill: "I use Dr. Karyn Grossman's gentle face wash [grossmandermatology.com]. She's my derm, and I worship her. Her regimen is simple—some doctors put you on eight products, which doesn't work for my lifestyle. Then I use SkinCeuticals gel serum [below] to fight acne."

Her skin S.O.S.: "I combat everything with my brilliant 'face witch' Terri Lawton. I gifted her to Lena, and she helped get rid of her acne. We call her that because *aesthetician* is way too reductive for the skin magic she does. We're full-on cult members: Terri, Terri, and more Terri. I'll also use prescription Ziana acne gel if my skin gets bad."

Her (usually) off-limits drink: "I'm loath to admit it, but quitting coffee makes a difference: no coffee, no breakouts. But when I'm directing, I get to drink coffee."



SkinCeuticals Phyto Corrective Gel ($62, skinceuticals.com)



How I Learned to...

Get Really Glow-y

YOUR GUIDE: *Jo Ratcliffe, 34, illustrator, London*

When you're as in demand as Ratcliffe—whose lush, fever-dreamy drawings have been commissioned by the likes of Lady Gaga, Nike, and Fresh—your skin can pay the price. Her fix for regaining that elusive glow: Slow. Down. "I started meditating six months ago—it calms me," she says. "Stress levels show in your skin and age you prematurely." To remedy that she believes in "a full eight hours of sleep, exercise, and lots of water," in addition to these tweaks:

Her nutrition tricks: "I did a detox with a friend where we only drank juices and ate raw veggies. My skin was definitely brighter after, and it reduced my dark eye circles. Also drinking flaxseed tea, which has vitamins and fatty acids, seems to leave my skin clear."

Her fake-a-glow favorite: "I'm careful to wear sunscreen, but often it makes you paler, so I tint my SPF with Laura Mercier Foundation Primer [$34, sephora.com]."

Her skin reviver: "I love the calming Fresh Rose Face Mask [below; the limited-edition tub is illustrated by Ratcliffe]. It's great for perking up my skin after a flight."



Fresh Rose Face Mask ($62, fresh.com)



How I Learned to...

Even Out Tone

YOUR GUIDE: *Lizzy Okpo, 25, designer, New York City*

"My skin reacts quickly," says Okpo, who, along with sister Darlene, designs the irresistibly bright clothing line William Okpo. "The minute anything new hits my face, I'm destined to break out within hours." Worse, she adds, her breakouts can leave dark spots that might hang around for months. "I've been battling these spots since I was 12," she says. What helps is regular application of extra-simple moisturizers ("like coconut oil from the cooking aisle," she says) and gentle, consistent exfoliation.

Her family's "secret" cure-all: "When I was growing up, my parents would bring back these blocks of clay from Nigeria. My dad called it African medicine. We put it on scrapes, breakouts, scars. It really helps fade dark spots. My sister and I thought it was this magic potion, but we realized it was raw, unrefined shea butter."

Her targeted body treatment: "I've had tons of dark spots on my stomach. I've seen a derm, and it's hyperpigmentation from ingrown hairs. But the shea butter helps! I also use Kiehl's Clearly Corrective Dark Spot Solution [$50 for 1 oz., kiehls.com] a couple times a week—I've definitely seen them lighten up."

Her skin-buffing essentials: "I wash my face with tea tree soap [below] and an exfoliating cloth from Muji. I think that combo helps the spots fade faster."



Meow Meow Tweet Tea Tree Charcoal Bar Soap ($10, meowmeowtweet.com); **Nourish Organic** Intensely Moisturizing Shea Butter ($15, nourishorganic.com)

KONNER: JASON LAVERIS/FILMMAGIC. RATCLIFFE: CHRISTOPHER BAKER PHOTOGRAPHY/FRESH. OKPO: ACKIME SNOW. STILLS: **JOSEPHINE SCHIELE**



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How to Actually *Like* Eating Healthy

New research shows we're all even more junk-addicted than we thought. But you can change that, starting here!
By Juno DeMelo and Shaun Dreisbach



Another perk of buying fruit frozen? It's often cheaper.

You know we Americans love our junk food. But now a new University of North Carolina at Chapel Hill study has found that a full *61 percent* of our food and beverage purchases are highly processed foods—most of them refined breads, desserts, sweetened drinks, sweet and salty snacks, and cereal. "Young women underestimate the impact these foods can have on their health," says Alicia Romano, R.D., a dietitian at Tufts Medical Center in Boston. "The food industry often markets them to appear more nutritious than they are." Ready to start shopping and eating healthier? These steps will help:

1 Analyze your carbs. Refined bread products like toast, bagels, wraps, and waffles are our single largest source of highly processed foods—supplying, on average, about 8 percent of the calories we buy at the grocery store. So attack them first: Swap out at least half for products that list a whole grain (like whole wheat, brown rice, or oats) as the first ingredient. "Eating whole grains is linked to a lower risk for heart disease," says Romano.

2 Gradually decrease how much soda and juice you drink every day. If you feel the urge for more fizz or flavor, grab a fruit-infused seltzer. "It will take some time, but your tastes and cravings *will* change," says Romano.

3 Choose snacks with five or fewer ingredients. "A short ingredient list is a sign the food's more minimally processed," says Romano. "Try to find snacks with no added sugar and less than 300 mg of sodium per serving."

4 Choose *one* dessert. Packaged cookies, cakes, and brownies are not only caloric, they're also some of the most addictive foods, a University of Michigan study found. "Highly processed foods with large amounts of white flour and sugar are rapidly absorbed by your body, which causes a blood sugar spike, " says researcher Erica Schulte. That jump activates the same areas of the brain as drugs do, increasing cravings.

5 Toss two more fresh items into your cart. Cornell University researchers found that we're more likely to eat healthy food if it's visible and convenient. "It may take a little work, but there are alternatives to chips and crackers," says Romano. "Pack some precut veggies for a snack." If your produce starts growing things before you use it, buy frozen; it's just as good as the fresh stuff.

BERRIES: SHEBEKO/SHUTTERSTOCK



What Do *You* Want in Bed?

We won't judge—but we will help you get it!

By Sarah Z. Wexler

Women are more vocal than ever about their right to have the sex they want (damn straight we're "entitled to an orgasm"—thanks, Amy Schumer!). But that doesn't mean we always know how to get it. So here's a very quick cheat sheet to the single best way to go after whatever it is *you're* craving. Enjoy!

✓I want sex more often.

"Then you need to get *aroused* more often," says *Glamour* contributor Katharine O'Connell White, M.D., director of the family planning fellowship at Tufts University School of Medicine. "We've all heard porn can jump-start desire, but most women aren't into the fakeness." Instead, seek out other turn-ons. Sexting works, or Dr. White suggests the videos at hystericalliterature.com, where women read books aloud while being stimulated off-camera with a vibrator until they orgasm. ("Some data show women are most turned on watching other women orgasm," explains Dr. White.)

✓I want more orgasms.

Then you, your partner, or both of you need to focus on your clitoris (a vibrator can come in handy here). "Ninety-eight percent of female orgasms happen when there is clitoral stimulation that lasts anywhere from four minutes to 45," says Tammy Nelson, Ph.D., a certified couples counselor in New Haven, Connecticut, and author of *Getting the Sex You Want*. Adds Dr. White: "Stop making the goal simultaneous orgasms; they're rare. Instead, ask your partner to make you come—or get you close—before sex starts. It will prime your vagina for intercourse by increasing lubrication."

✓I want a baby!

Skip the popular fertility-tracking apps, which try to predict ovulation. "They frequently get the timing wrong, giving women a wide window when it's actually much more narrow," says Elizabeth Barbieri, M.D., a reproductive endocrinology and infertility specialist at Oregon Reproductive Medicine in Portland. "And since they base their estimation on previous cycles, they also won't know if there are other factors at play—like increased stress—that can alter when a woman ovulates." What works better: using a drugstore pee-on-the-stick predictor every day during the second week of your cycle. These urine tests tell you when ovulation hormones are surging; the method isn't perfect, since you should have sex the day *before* your surge, as well as the two days that you're surging and the day after, but it's your best bet.

✓I *don't* want a baby. Repeat: no baby.

Then consider a set-it-and-forget-it form of birth control: the IUD. "With typical use, the pill is 92 percent effective against pregnancy, while an IUD is 99 percent effective and can last up to 10 years," says Dr. White. "Then you get to have sex like a man, without thinking about pregnancy." Liletta, a new hormonal IUD, can cost as little as $75 for three years of protection.

✓I want full STD protection.

First off, always use a condom. "Act like using it is a given—not something that's up for discussion," says Dr. White. "If he won't use it, he's not someone you want inside your body." But since condoms won't protect you 100 percent against certain STDs, Dr. White suggests seeing a doctor once a year to get tested for everything, including gonorrhea, chlamydia, HIV, syphilis, hepatitis B, and trichomoniasis.

If you want to want sex more...

Can the New "Female Viagra" Help?

"Not nearly as much as longer foreplay could," says Dr. White. Here's the backstory: In August the FDA approved Addyi to treat "generalized hypoactive sexual desire disorder." But Addyi is *not* a female Viagra: "Addyi isn't taken just when you want to have sex, to increase blood flow to the genitals," says Dr. White. "It's something you take every day and works more like an antidepressant." The results so far aren't overwhelming; in clinical trials, women on Addyi averaged less than one more satisfying "sexual event" per month compared with those on a placebo. And side effects? "The drug can cause your blood pressure to plummet, causing you to faint," says Dr. White. Those effects are worsened with alcohol, so you should never drink on this medication. Says Dr. White, "Until there's further evidence, I wouldn't recommend it."

CHRIS CRAYMER

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That Ended *Really* Badly
Angela Bassett gets revenge in the nineties classic *Waiting to Exhale*.

WAITING TO EXHALE: UNITED ARCHIVES GMBH/ALAMY STOCK PHOTO

relationships

The Breakup Hall of Fame

What can you learn from the most disastrous splits of all time? How to survive. Jennifer Wright, author of *It Ended Badly,* has your back.

I'm in awe of people who handle breakups with grace and come away feeling only positive emotions—mostly because the main emotion *I* feel after a relationship is over is terrible embarrassment over something I've done in the aftermath. No matter how many articles I read on how to handle a breakup like a beautiful grown-up, at some point I end up having a few drinks and deciding it would be a great idea to text my ex five times "just to check in." (This has never been and never will be a good idea.)

But one of the things I find comforting, even more comforting than gin and ice cream, is history. People have been breaking up for as long as they've been writing things down—the Roman poet Ovid swore off relationships two thousand years ago with the words "My heart is tired out. Away with you, base Love!" And if you do your homework, you'll find many of our ancestors had it worse than we do today. My exes may have broken my heart, but at least none of them chopped off my head. (Shout-out to you, Henry VIII.) I've found so much comfort in the fact that people have felt miserable during breakups since the dawn of time that I decided to write a book about them. *It Ended Badly* is composed of just about every horrible breakup in history, and let me tell you: The years are *filled* with dumpees who've done things far weirder than you or I could ever imagine. (No matter what mis-

continued on next page

takes you've made, I'm betting you haven't sent your pubic hair to someone as a gift the way Lord Byron's ex Caroline Lamb did. And if you have, please get in touch for my next book.) But you know what they say: Those who don't learn from history are doomed to repeat it.

So this goes out to everyone trying to cope after a breakup: Jennifer Garner and Ben Affleck, Gwen Stefani and Gavin Rossdale, Charlize Theron and Sean Penn, Miss Piggy and Kermit, and maybe even you. We'll get through this together, with a little help from these lessons right out of history.

Lesson #1: A Word to the Dumper: Do It in Person

People have been struggling with this rule since the Roman alphabet was formed, but the etiquette hasn't changed: When you're ending a relationship, you owe someone an in-person breakup. Why? Well, because it's nice, but also because people will say horrible things about you if you don't. Our first example is President Abraham Lincoln, who once joked to an eager matchmaker that he'd marry Mary Owens, a woman he barely knew, if she moved to Illinois from Kentucky. Mary did just that. (Mini lesson: Don't move for a partner unless you are really, *really* sure about his or her commitment.) It took him three excruciating letters before he managed to undo the nonengagement, but the paper trail lives on. Philosopher Søren Kierkegaard *also* broke off his engagement by letter—but his fiancée Regine Olsen took it so badly that her family insisted upon a second breakup, in person. (Not that it went any better; Kierkegaard gave her some super-chauvinist excuses, like his need for "a lusty girl," and then wrote them all down in his journal so that we might judge him nearly 200 years later.) Some more modern examples of the remote breakup: Russell Brand dumped Katy Perry via text message on New Year's Eve, and the story goes that Matt Damon dumped Minnie Driver by announcing it on *Oprah*. I am able to tell you all these things because they have become the stuff of public legend. Not how you want to go down in history. Do the dumping face-to-face; it's harder, but it's kinder.

> "Public rage is dangerous, particularly today, when all it takes is the click of a button to broadcast your worst impulses."

Lesson #2: Resist the Urge to Write About Your Anger

Shortly after nineteenth-century author George Sand broke up with composer Frédéric Chopin, she wrote a kiss-and-tell book describing him as a sickly, irrational loser. The hitch? She left out all the parts about her codependency and emotional abuse, alienating their mutual friends in the process. More recently Rob Kardashian went on a Twitter rant against his ex Rita Ora. (Don't look it up; it was just *ugly*.) This is a long way of saying: Public rage is dangerous, particularly today, when all it takes is the click of a button to broadcast your worst impulses. Journal all you want for your own reading (and venting) pleasure, but unless you are completely blameless, don't go public. It's just not fair.

Lesson #3: No Contact—We Mean It

Put this one on a Post-it note somewhere you'll see it daily, because everyone has had the impulse to text or call or see an ex just one more time. Even Edith Wharton, the great feminist writer, sent a former lover 300 letters following their split. (None of them convinced him he should take her back.) But Wharton had nothing on the aforementioned Caroline Lamb, who mailed that pubic hair to Lord Byron and then burned a replica of him when he didn't return the favor. OK, that story does make her sound sort of cool, but you understand our point: We don't make the best decisions in the heat of a breakup.



Keep It Professional Theron and Penn were so mature about their breakup, they even worked together afterward.

The Worst Splits in History

Mean texts, publicity stunts, and one execution: These bold-faced names (mostly) lived through it all.



1541
Henry VIII dumps his fifth wife, Catherine Howard—by beheading her.



1837
Abraham Lincoln tells Mary Owens that—oops—he didn't mean to propose.



1976
Elizabeth Taylor and Richard Burton divorce (for the second time).



1989
After 17 years Anjelica Huston kicks womanizing Jack Nicholson to the curb.

HENRY VIII: DE AGOSTINI/GETTY IMAGES. HOWARD: CULTURE CLUB/GETTY IMAGES. LINCOLN: PHOTOI2/UIG VIA GETTY IMAGES. TAYLOR AND BURTON: API/GAMMA/GAMMA-RAPHO VIA GETTY IMAGES. HUSTON AND NICHOLSON: RON GALELLA, LTD./WIREIMAGE



And as much as you might want contact, you'll heal faster if you have some time to yourself.

Lesson #4: Take a Six-Month No-Marriage Oath

This seems obvious, but history shows that many people fail to grasp it, so we'll state this truth plainly: Don't marry someone else on the rebound. Your old-school example? Henry VIII, who married Catherine Howard three weeks after divorcing his fourth wife, Anne of Cleves. That marriage ended...in beheading. More recently Elizabeth Taylor broke this rule three out of eight times (to Mike Todd, Richard Burton, and Senator John Warner), and you know how *those* ended. Statistically, marriages last longer if you've had a chance to find out how someone squeezes the toothpaste out of the tube before promising to stay together forever. (For the record, though, history feels great about *dating* again before the six-month mark. Get back in there!)

Lesson #5: Throw Yourself Into Your Work

After reporter Martha Gellhorn finally left estranged husband Ernest Hemingway, she went on to become one of the greatest war correspondents of the twentieth century. Emma Thompson channeled her despair over her divorce from Kenneth Branagh into the screenplay for the 1995 film *Sense and Sensibility*. (Said Thompson: "The only thing I could do was write.... I would crawl from the bedroom to the computer, sit, and write. And then I was all right. *Sense and Sensibility* saved me.") She won an Oscar for the script and ended up marrying the actor who played Mr. Willoughby. The moral here: You are more than your last relationship, and your work is proof. Embrace it.

Lesson #6: Your Heart Will Go On

It *will*. Even if you can't possibly imagine that right now. Early-twentieth-century artist Oskar Kokoschka was so distraught after breaking up with composer Alma Mahler that he had a *life-size doll* built in her image—but even he went on to have a long and happy marriage (with a woman who seemingly wasn't put off by the sex doll in his past). Brad and Angelina *and* Jen and Justin all seem to be happy now, which seemed like an impossibility for the better part of a decade. Anjelica Huston can even say nice things about Jack Nicholson, the man who, after 17 years together, told her that he'd fathered another woman's child with the announcement "Someone is gonna have a baby." If bouncing back from that is possible, *anything* is possible. Which leads me to the most important lesson I've learned from studying 2,000 years of dating mishaps: You will heal. The great thing about being human is that no matter how heartbroken you might have been, it's hard not to fall in love again. And that part of history is worth repeating.

Jennifer Wright, author of It Ended Badly, *is a contributor to* The Observer *and* The New York Post.



1995
Emma Thompson and Kenneth Branagh break our nineties hearts.



2005
Brad Pitt and Jennifer Aniston split—and Brangelina is born.



2011
Russell Brand sends wife Katy Perry a breakup text on New Year's Eve.



2015
Kermit finds a new girlfriend on *The Muppets* docuseries. This one *really* kills us.

GUILT-FREE ZONE:

Hey, It's OK...

If you don't know how to cook a turkey. That's what *Bon Appétit* (and, failing that, takeout) is for.

To swear off bikini waxes on feminist principle—until you schedule your next vacation.

If you're still Team Gale, even if you know what happens at the end of *Mockingjay Part 2*.

To watch *Clueless* and *Pride & Prejudice* every time they play on cable. Jane Austen FTW!

To still *have* cable.

If you have no interest in your high school reunion. Don't we see each other every day on Facebook?

To bring your laundry home for Thanksgiving.

UMMM, *NOT* OK...
To just sit there while your host clears the table. She says she doesn't want help. *She wants help.*

THERON AND PENN: OLEG NIKISHIN/KOMMERSANT PHOTO VIA GETTY IMAGES. BRANAGH AND THOMPSON: FRANZISKA KRUG/GETTY IMAGES. ANISTON AND PITT: TONY BARSON/WIREIMAGE. BRAND AND PERRY: DAVE M. BENETT/GETTY IMAGES. KERMIT AND PIGGY: DESIREE NAVARRO/WIREIMAGE

Jake: A Man's Opinion

Your New Jake Is Here!

He's single and ready to mingle—and report his findings to you. Also: He's been waiting seven years for this job.



Fake Jake
The real one is handsomer. (And he has a face!)

Confession: I have wanted to be Jake for a long time. So long, in fact, that I've auditioned to be Jake before. (Yes, there's an extensive audition process for this job; *Glamour* takes its love advice seriously.) The last time I applied for the position, I meant well—but I was a 25-year-old whose idea of a date was texting a girl to come watch a movie and "hang out," and, "Oh, there's a bodega right downstairs if you want to pick up a six-pack on the way! PS: We'll be 'hanging out' on a bed without an actual frame." I am embarrassed to tell you that in my sample column I described my ideal date as "one where you drink a lot."

Obviously, I did not get the job.

Flash-forward seven years and a few things have changed. I live in Los Angeles, not New York; I know to buy my own beer (though I still don't know anything about wine); I'm a grown-up. I hold a solid job that makes even my parents proud. I've given speeches at four of my friends' weddings and embarrassed myself only once.

On the relationship front, things have improved too. I've started going on dates during which people actually eat food at tables, served by waiters, or occasionally served by me (I cook now, if you count a kale salad as "cooking"). I've been in love three times and had my heart broken a few more. (The worst: I once drove 500 miles to Sedona, Arizona, to surprise someone I'd briefly met; she was *not* excited about the gesture.) I've dated girls I really liked who weren't that into me, and girls who really liked me but whom I wasn't into. But I haven't been in a situation yet in which both parties like each other a lot, equally, and for the long haul.

Why? I'll be frank: Dating in 2015 can be a smartphone-induced nightmare, and I get as distracted by all the noise as everyone else. Amid all the fretting and stressing over how long I should wait to send a text or why she liked one photo on Instagram but not another, I've realized that it's easy to lose sight of the things that make a relationship real: affection and mutual respect. In moments of weakness I value the emoji and swipes more than the person. And it's hard to fall in love that way.

So I'm still a work in progress. But I am *making* progress. Some recent hard-earned lessons from my dating life:

- Honesty always works, even if s/he'll be super pissed at you in the short term. I learned this one the hard way when a girlfriend caught me on a dating app. Truthfully, I'd signed up one day when I was just bored and passing the time, but instead of saying so, I blamed my profile on a "technical glitch." She was not impressed with that dumb lie.
- Giving relationships a second chance never seems to work. I once broke up with a girl because I didn't find her funny. We got back together and then broke up shortly thereafter because—shocker—I *still* didn't find her funny. I feel bad about that one.
- If you go out with someone once and you don't feel a spark, ghosting is acceptable. More than twice, though, and a polite, succinct reason for why you're not feeling it is preferred.
- As for what to *do* on a date? Two rules: (1) Everyone knows what you mean by "Netflix and chill," and no one's buying it. (2) You can never go wrong with a picnic.

You may have noticed this list isn't very long, and that's an accurate observation. I have a lot to learn as Jake, which means I have a lot to share with you. And that's what excites me most about being your man on the street (er, in the sheets? Sorry, that was terrible). Because while I want to find someone to spend the rest of my life with, I also understand that the mechanics of doing so have never been more complicated—and that it's especially hard for women. (Female friends have shown me their incoming Tinder messages; I think someone could run a pretty successful campaign in 2016 with the slogan "I pledge to put an end to all unsolicited d-ck pics.") So next time you get a text that makes you want to throw your iPhone into the nearest body of water, remember: You always have someone here to talk to. I can't wait to start explaining what's going on in my dating life and to help solve the problems you're having in yours.

Oh, and I even have a bed frame now.

Jake is a single guy living in L.A.

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SEPHORA

The Conversation

A Beautiful Hero

They called Lizzie Velasquez "the world's ugliest woman"—but she wouldn't be bullied. Her story, and more tales of resilience, here.



When Lizzie Velasquez was 17, her life changed forever: She found a YouTube video of herself, posted by an anonymous troll, titled "World's Ugliest Woman." Born with lipodystrophy, a rare syndrome that prevents her from gaining weight, Velasquez (above) didn't even want to leave her room. But she did, and then she spoke up: At 21 she published an autobiography, and at 24 she gave a TED Talk that inspired millions. Now, at 26, she has a new documentary, *A Brave Heart*, and a *Glamour* video series (watch at video.glamour.com). We talked to the woman with the unbreakable spirit.

GLAMOUR: You found that YouTube video at 17. What's your perspective on it now?

LIZZIE VELASQUEZ: I refer to it as the bad video, and I don't ever go back to watch it. But I'm thankful for that video.... I was meant to live a life serving others, and if it hadn't come into my life...I don't think I'd have the platform I do now.

GLAMOUR: Do you still get hate comments and tweets?

LV: Every day. [People say] I'm an inspiration, but at the same time, things get to me. I don't think I'll ever have a shield from those things hurting.

GLAMOUR: What is your life like now that people know and support your struggle?

LV: I felt so disgusting for so many years. I always wanted to hide.... Now the excitement people have when they see me makes *me* excited. I [walk] around proud of who I am.

GLAMOUR: What would you tell a woman who complains about her looks or weight?

LV: I'd want to hug her, give her a mirror, and say, "Look! You don't have to compare yourself to anyone else. You are gorgeous being you."

GLAMOUR: You've said your revenge is your achievements. So what's next?

LV: [My health] is looking well, and I'm working on my fourth book and antibullying legislation. I hope to take a vacation soon too! *—Lauren Brown*



Best Idea Ever: The Failure Party

At the State Department and, most recently, at Georgetown University's Institute for Women, Peace, and Security, Melanne Verveer (above, at right) has worked tirelessly to advance women in leadership. Now she's teamed up with Kim K. Azzarelli (above, at left), who chairs Cornell Law School's Avon Global Center for Women and Justice, for a new book, *Fast Forward*. One of our favorite tidbits? The idea of the "failure party," suggested to them by activist Reshma Saujani. We need "not to view failure as the demise of our future," Verveer says. Adds Azzarelli, "The failure party is brilliant because it celebrates the fact that you have to fail to succeed. You have to hear no to get to yes." So the next time you've lost? You've actually won. *—E.M.*



Standing Up for Women Who Rock



As a writer and star of *Portlandia* and a singer-guitarist in the band Sleater-Kinney, Carrie Brownstein has been challenging gender norms for decades. And in her new memoir, *Hunger Makes Me a Modern Girl*, she points out one big roadblock female musicians face: People expect women to sing from a personal perspective, while men are given more free range. It's a "tired assumption" that the female experience can encompass merely the domestic and ordinary, she tells *Glamour*. The double whammy? When women *do* write from life experience, they don't receive the same respect that men do when they go personal in their music. "Men are automatically rewarded for this openness and sensitivity," she says. "It's a double standard." Case study: Kanye West and Taylor Swift. When West put out "Blame Game," presumably about his breakup with Amber Rose, one reviewer lauded it as "beautiful," while Swift's "Out of the Woods," supposedly about parting ways with Harry Styles, got comments like "Let it go." "She gets criticized a lot for writing about what people perceive to be her exes," Brownstein says, "[but] she can write about whatever she wants. It doesn't make her less of an artist." Bottom line: Let's stop putting women—inside and outside the music industry—in a box. *—E.M.*

VELASQUEZ: COURTESY OF CINEDIGM. BROWNSTEIN: JASON LAVERIS/FILMMAGIC. AZZARELLI AND VERVEER: VICTORIA WILL. CARD: **TIM HOUT**; STYLIST: RENATE LINDLAR

— *the* — CHIC PEEK





"If there's life after death, I hope there's comedy," says Silverman, 44.

Real Life

The Sarah Silverman You Never Knew

She's hilarious and irreverent—but the comedian has also lived through some "very dark years." She opens up about her battle with depression and her gutsiest career move yet. As told to Genevieve Field

Five years ago I got a phone call out of the blue. A writer named Amy Koppelman had heard me talking about my experience with depression on *The Howard Stern Show*, and she wanted me to be in the movie based on her book, *I Smile Back*. The story was about a suburban mother and housewife, Laney Brooks, who on paper has it all, but in reality suffers from depression and self-medicates with drugs and alcohol. I said, "Cool, yeah, sure." It never occurred to me that the movie would actually get made. For that to happen, it would have to have a *star* attached to it, right?

Three years later I got an email saying, "It's happening, we got the funding!" I replied-all: "Yay!" And then I collapsed on the floor of my bathroom, shaking. What had I done? I knew playing Laney Brooks would take me back to a very dark place.

STYLIST: LESLIE LESSIN AT WALTER SCHUPFER; HAIR: CLARISSA RUBENSTEIN AT THE WALL GROUP; MAKEUP: BRETT FREEDMAN AT ART DEPARTMENT; MANICURE: EMI KUDO FOR DIOR; PRODUCTION: PETER MCCLAFFERTY. ON SILVERMAN: TROUVE BLOUSE. I SMILE BACK: BROAD GREEN PICTURES

Photograph by **Williams + Hirakawa**

I first experienced depression when I was 13. I was walking off a bus from a school camping trip. The trip had been miserable: I was, sadly, a bed wetter, and I had Pampers hidden in my sleeping bag—a gigantic and shameful secret to carry. My mom was there to pick me up, and she was taking pictures like a paparazzo. Seeing her made the stress of the last few days hit home, and something shifted inside me. It happened as fast as the sun going behind a cloud. You know how you can be fine one moment, and the next it's, "Oh my God, I f--king have the flu!"? It was like that. Only this flu lasted for three years. My whole perspective changed. I went from being the class clown to not being able to see life in that casual way anymore. I couldn't deal with being with my friends, I didn't go to school for months, and I started having panic attacks. People use "panic attack" very casually out here in Los Angeles, but I don't think most of them really know what it is. Every breath is labored. You are dying. You are *going to die.* It's terrifying. And then when the attack is over, the depression is still there. Once, my stepdad asked me, "What does it feel like?" And I said, "It feels like I'm desperately homesick, but I'm home."

I went through several therapists. The first one hanged himself. Irony? Yeah. Another one kept upping my Xanax until I was taking 16 a day. Four Xanax, four times a day! I saved all the bottles in a shoe box because I thought, Well, at least if I die and they find this, they'll know what happened. I was a zombie walking through life. And then, a few years later, my mom took me to a new psychiatrist, who got me off meds completely over the course of six months. I remember taking that last half pill at the high school water fountain and finally feeling like myself again.

And for the next six years I *was* myself again. I didn't need medication; life was good! I enrolled as a drama major at New York University (I'd wanted to be a performer since I was three) and started doing open-mike nights all over the city. Then, at 22, I got hired as a writer-performer for *Saturday Night Live.* The whole world was open to me! But one night, sitting in my apartment watching *90210,* something came over me again. Though it had been nine years, I knew the feeling immediately: depression. Panic. I'd thought it was gone forever, but it was back. My friend Mark helped me get through it. He found me a therapist at 2:00 A.M. and informed me that no, I would not be quitting *SNL* in the morning and moving back to New Hampshire. Instead I got a prescription for Klonopin, which blocks panic attacks. It saved my life, even when I was fired from *SNL* at the end of the season (as it turned out, I didn't know myself well enough to make a real impression). I eventually weaned off Klonopin, but to this day I have a bottle of seven pills in my backpack that I never touch because just knowing that they're there is all I need.

Since then I've lived with depression and learned to control it, or at least to ride the waves as best I can. I'm on a small dose of Zoloft, which, combined with therapy, keeps me healthy but still lets me feel highs and lows. The dark years and those ups and downs—chemical and otherwise—have always informed my work; I believe being a comedian is about exposing yourself, warts and all. But my stand-up has evolved along with me, from the dumb, arrogant vessel I used in my *Jesus Is Magic* live show and *The Sarah Silverman Program* to my persona in my current show, *We Are Miracles,* who feels more honest because she's really just me talking.

A few years ago, I casually said something in an interview about being afraid to have kids because I might pass depression on to them, but I don't know if I feel that way anymore. I like to think I would therapy through it (instead of helicoptering around my kids in horror that something is wrong with them, like my character Laney). A part of me is baby crazy. A part of me goes, Why not? And every day I add "Freeze eggs?" to the end of my to-do list. Then it keeps getting passed on to the next day's list. Maybe I'll adopt.

> "Once, my stepdad asked me, 'What does [depression] feel like?' And I said, 'It feels like I'm desperately homesick, but I'm home.'"



Putting On a Happy Face
Silverman as Laney, attending her son's piano recital in *I Smile Back*

I do have sorrow about the possibility that I may never have my own children. And I still have downward spirals, days when I have to drag myself onstage to do stand-up or I'm just tweeting Morrissey lyrics from my bed. But there's one thing I know that I used to *not* know: It will pass. And it does. Usually after 24 hours or so of wallowing in depressing music and being the Sylvia Plath of social media, a friend will reach out: "Are you OK? I saw that tweet." And I'll sort of snap to it, brush myself off, and get back to life. I've learned that keeping busy is a good thing for me. Like my mom always said, you just have to be brave enough to exist through it.

That lesson, above anything, helped me get through filming *I Smile Back,* which, I'm not gonna lie, was not a great 20 days. After we wrapped and I'd finally shed the heaviness of it, I was so glad I made this movie. It may not have been fun, but it was the next best thing: It was scary. That makes you grow. Besides, I'm not short on happiness in my life. I love having lunch with my friends. I love the belly laughs that come out of a writers' room. I love taking a hot bath on a cold day. I love listening to talk radio. I love my boyfriend, and I want to spend my life with him.

I wouldn't wish depression on anyone. But if you ever experience it, or are experiencing it right now, just know that on the other side, the little joys in life will be that much sweeter. The tough times, the days when you're just a ball on the floor—they'll pass. You're playing the long game, and life is totally worth it.

Sarah Silverman is an actress, comedian, and the star of I Smile Back, *out October 23. She's also the author of the memoir* The Bedwetter: Stories of Courage, Redemption, and Pee. *If you or anyone you know is struggling with depression, text the Crisis Text Line at 741741 or go to crisistextline.org; the National Alliance on Mental Illness (800-950-6264) also provides support and local referrals.*

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The #1 Work Skill You Need

It's public speaking, and—stay with us here—you're going to be *awesome*.
By Jennifer Breheny Wallace

Public speaking may seem terrifying, but *no* highly placed woman has gotten where she is without doing it. "It's particularly important for young women, many of whom don't speak up for fear of being tongue-tied or ignored," says Kim Cole, cofounder of the executive recruiting firm The Sales Zone. Yet get this: The majority of people surveyed by Harvard University researchers said they would rather endure minor electrical shocks than give a five-minute speech! Talking in front of a group should *not* be akin to torture. Six (painless) ways to nail your next presentation:

Interact with your audience. "If it's a small meeting, get there early and greet people as they come in the door," suggests performance coach and psychologist Nancy Cetlin. "If you think of your talk as just a continuation of that conversation, you'll wind up using the same voice and tone—meaning you'll be yourself, which is key to any successful presentation."

Memorize your start. "I tell my clients, 'Don't just have an idea of what you'll say; literally memorize those first 60 seconds,'" says Bill McGowan, communications coach and author of *Pitch Perfect: How to Say It Right the First Time, Every Time*. "You're most nervous then, so acing that portion will build confidence that will carry over into the rest of your presentation."

Fake it till you feel it. In a series of studies involving karaoke, public speaking, and math performance, Harvard Business School researchers found that when participants thought of their nervousness as excitement, they actually performed better. "Just telling yourself, Wow, I'm excited!, can turn stress into something positive," says study author Alison Wood Brooks, Ph.D.

Breathe. "If you start to stutter, stumble, or speed-talk, don't acknowledge it," says Cetlin. "Just pause, breathe out a quiet, exaggerated sigh, and focus for a second or two on the soles of your feet. This will ground you. Then turn your attention to the one point the audience needs to hear next. If you put the spotlight on them and what *they* need, there won't be any room in your head to worry about you."

Pause. A lot. "Speaking slowly steadies your pace and smooths your delivery," says Lisa Wentz, founder of the San Francisco Voice Center. "Pauses also help the audience process the information, which will make them more attentive and responsive. Those little stops exude authority and confidence—even if you're not actually feeling it in the moment."

Forget perfection. "Some of my clients, women in particular, tend to focus on giving the 'perfect' speech or presentation," says Matt Abrahams, cofounder of and public-speaking coach for Bold Echo, a Silicon Valley communications coaching firm. "The reality is, there's no one right way to give a speech. Give up on being perfect and try to do well. Remember: Your audience is there to learn, not to see a flawless performance."

MICROPHONE: PRASERT WONGCHINDAWEST/SHUTTERSTOCK

Life (and Career!) Lessons From a TV Queen

Universal Television president Bela Bajaria knows all about making your dreams come true. *Glamour*'s Cindi Leive gets her inspiring story.



Lights, Camera, Action Bajaria at the Universal Television studios

You may never have heard of her, but Bela Bajaria, 40, is the secret force behind your DVR list: As the newly anointed president of Universal Television production studio, she's been responsible for female-favorite shows like *Parks and Recreation*, *The Mindy Project*, and my personal 2015 obsession, *Unbreakable Kimmy Schmidt*. (Her team earned 41 Emmy nominations this year—respect!—and hits in the making like *Emerald City* and *Superstore* are on the horizon.) But she didn't grow up as Hollywood royalty: Bajaria, who moved to this country at age eight, learned about hard work and commitment by watching her parents run a successful car-wash business. She's also a former Miss India Worldwide (more on that in a sec), a mother of three, and possibly the only Hollywood exec you'll see rocking a sari on the red carpet. In other words: awesome. Listen in.

CINDI LEIVE: We have to start with your beauty queen title! How'd that come to be?

BELA BAJARIA: I was 19. I was trying to make sense of being proud of my heritage while assimilating in America. My family said, "You should do this. You'd meet Indian girls from all over the world." [The pageant] made me embrace Indian culture on my terms. People were surprised that I won—but I think I did well because there were no stakes in it for me. I was confident because I didn't have my identity riding on it.

CL: They say you always ace the job interview for the job you don't want.

BB: Yeah, I wasn't gonna be crushed if I didn't win. But it was a great experience. It got me in the door [at CBS] because my résumé was interesting. And when people asked why I felt I could go into the entertainment business as an Indian, I was like, " 'Cause I just did all these other things."

CL: Did people really ask that?

BB: All the time. Entertainment is not really the job that a first-generation [immigrant] goes into; you kinda go doctor, lawyer, engineer, something stable and secure. Luckily, [my parents] were supportive.

CL: Speaking of your parents: What did you learn about success from watching them start their car-wash business?

BB: Everything. It was the late seventies, and it was the American dream. To watch my parents come to L.A. when they didn't know anybody in America, build their first car wash from scratch, and eventually bring the rest of my family over—it taught me an amazing work ethic. Everybody in my family owns their own business—gas stations, car washes. When you have a family business, you're all in it, right? When I hired everybody [here], I said, "I have to run this studio like it's [my] own company."

CL: How *do* you do things differently when you're thinking of it as your business?

BB: I want people who work here to be happy and inspired. The "Oh, it's somebody else's money, somebody else's problem" attitude is different than "This is my business; I'm responsible for it." You're just so much more invested in it.

CL: You had a very fast rise at CBS—were there promotions along the way you had to aggressively go after and ask for?

BB: Yeah, every one of them! [*Laughs.*] I had to prove I deserved it.

CL: In her new book, Mindy Kaling talks about how encouraging you were to her. How can a young woman find a mentor?

BB: I did a lot as an assistant where nobody was actually helping me; I just used the process and access: "I'm gonna learn from you even if you don't think you're teaching me; I'm going to be a sponge." When I first got here, I called Ron Meyer [vice chairman of NBCUniversal] and said, "I would love to have lunch." He said, "Let's meet next week." You have to just pick up the phone and reach out.

CL: I know you met your husband on the job. Any Dos & Don'ts for office dating?

BB: It was probably not the most professional thing I've done! But it happens. The key was not to let the personal interfere. As a young woman pursuing a career, I felt it was important to be judged by my work.

CL: You say that one reason you did so well in the Miss India competition was that your identity wasn't wrapped up in it. How much of your identity is wrapped up in *this* job?

BB: This is my car wash!... But you have to have perspective. I love my job—I spend a lot of time doing it. But it's not my identity. I have a family and a life outside work, and that's who I *am*. This is what I *do*.

BAJARIA: **DENISE CREW;** STYLIST: SARA PAULSEN; MAKEUP: SARA DENMAN, BOTH AT CELESTINE AGENCY; HAIR: TIFFANY GREEN

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Edited by Jane Keltner de Valle

Home Is Where Your Art Is

And yes, you have art! Expert Andi Potamkin shows you how to upgrade your nest instantly. By Brittany Adams



Framed! Potamkin in front of the gallery-style wall in her Brooklyn apartment. Above her: a print by fashion photographer Miles Aldridge.

Loewe dress, pants, belt.

Art is the ultimate room changer, but let's be honest—the art world isn't always an inviting place. Consultant-curator Andi Potamkin, 26, wants to change that. "You don't need an exorbitant budget or a Ph.D. in art history," she says, "to start collecting."

Potamkin herself doesn't have a traditional arts background: She began by hosting exhibitions at the New York City hair salon she'd opened with her fiancé. At first, most gallerists refused to loan art to her—except for one, Steven Kasher, who liked her spark and eventually offered her a job. Bam! Career changer.

Fast-forward to the recent launch of her art-advisory firm, Le Mise. "I'm a matchmaker and treasure hunter," she says. "I integrate art that reflects people into their homes." Let Potamkin and her Pinterest-worthy Brooklyn penthouse inspire your own art goals. Here, she walks you through turning your home into a personal gallery.

How to find art: Before you invest in a piece, educate yourself. "Look at books," says Potamkin. "Go to art fairs and local galleries. If you trust your instincts, you'll develop a point of view." The Internet (hello, Instagram!) can help, of course. "The Web has made art accessible to everyone," she says. (See her favorite sites at right.)

How to buy it: Set a budget you're comfortable with, research the artist, and compare

FASHION MARKET DIRECTOR: JESSICA SAILER VAN LITH; HAIR: JORDAN BLACKMORE; MAKEUP: ALEXA RODULFO FOR DIOR. SEE GLAMOUR SHOPPER FOR MORE INFORMATION

Photographs by James Ryang



YES, THAT'S ART
A Chessboard... At left, it doubles as a decorative table topper.



Cleverly Mixed Objects... Potamkin collects ancient Egyptian *shabti* figurines and vintage Barbie dolls, right.



...And Always, Art Books She displays a stack of them alongside a valuable vase, a children's xylophone, and a mixed-media piece, *Cuadro Guadalupe*.

Click to Buy!

Potamkin shares her favorite art websites:

1STDIBS.COM

The higher-end antiques site is known for furniture, but it's a "bottomless treasure trove" for art too, she says; check out the Slim Aarons photos for less than $500.

ARTSY.NET

Potamkin considers this site the amazon.com of the art world. It has a Pandora-like service for discovering art from 40,000-plus artists.

20X200.COM

"Super-attainable, limited-edition prints that are charming and won't break the bank" can be found here, says Potamkin.

UPRISEART.COM

Pay $50 a month to rent a piece of art from an emerging artist. Anything you pay goes toward the purchase price.

LOSTARTSALON.COM

Like a flea market at your fingertips, she says. Scour vintage finds at all prices.

the price to similar works. "There's always room to negotiate," she says. Many galleries will offer new buyers up to 10 percent off the asking price. As for what to commit to, Potamkin approaches collecting like romance. "It's like saying, 'I love you. I want to live with you.' You have to want to wake up to a piece every morning."

How to redefine it: Think outside the box; art isn't only paintings. "Ordinary objects can be elevated to art in the right context," she says. Potamkin turns fishbowls into terrariums filled with sand and succulents, and she hangs glasses from an inexpensive light fixture for a chandelier effect. The possibilities are endless. Nail up old records in a grid. Create a plate wall with antique china. Showcase a camera or a skateboard on a mantel.

How to frame it: You can turn any image—a Polaroid, a child's drawing, or a page from a book—into art by framing it. Potamkin prefers black, white, and natural wood frames, which keep the focus on the art. She suggests framing contemporary works without a mat (so the image goes all the way to the edge) and adding a mat to black-and-white photographs. Framing canvases is optional; Potamkin mounts hers with floating frames, which have a gap that makes images seem suspended. If your art is standard-size, you can find a frame at an art store or Ikea; if you need a custom size, framebridge.com offers good prices.

How to show it off: Potamkin assembles works "gallery style" on a prominent wall, opposite. To do it yourself:

- Mix sizes and orientations.
- If you're nervous about damaging your walls, arrange everything on the floor until you're happy with the formation.
- Next, hang your largest piece at eye level (use the iHandy Level app or a traditional level to help get it straight).
- Build around it, peppering colors evenly.

And don't stop with your living room. "There's something about having a piece by your bed," she says. "It's just for you."


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"It's difficult for me to censor myself," says Goulding.

GOULDING: DAMON BAKER/TRUNK ARCHIVE

Music

Rock On, Ellie Goulding

The blond Brit sounds off on love, her Gould Squad, and shredding on the guitar. By Kaleem Aftab

Ellie Goulding first impressed us with her killer voice and brave lyrics in indie favorites like "Under the Sheets" and "Burn." Then there was her *Fifty Shades of Grey* hit "Love Me Like You Do." Now the 28-year-old is releasing her third album, *Delirium;* it's more upbeat and features a handful of love songs (perhaps friends Taylor Swift and Katy Perry have rubbed off on her). Get ready to see her name back on the Top 10!

GLAMOUR: Your manager, publicist, and tour manager are all women. Was that a deliberate choice?

ELLIE GOULDING: I grew up with my mum; I didn't have a dad in my life.... I have a lot of admiration and respect for women. Also there'll be certain things my tour manager will get that a male tour manager wouldn't. Like, if I get down, we'll chat about *why* I'm down.... But it's also quite cool that I'm in a band full of boys who all call me boss!

GLAMOUR: You told the media that your boyfriend, Dougie Poynter [bassist for the band McBusted], is way out of your league.

EG: I think he still is way too cool for me. I somehow blagged it. He's just a rock star.

GLAMOUR: And you're not?

EG: I don't think of myself as a rock star. [Though] I taught myself electric guitar!

GLAMOUR: Tell us about *Delirium*.

EG: I wanted this album to be about me. I wrote about relationships, friends.... I've got a dark side too. The song "Scream It Out" is about not having a voice but finding that confidence to scream *something* out.

GLAMOUR: You said that no girl should be defined by a relationship. How *do* you want to be defined?

EG: By how I try to do good and make the world a better place. I've sold a lot of records too—I think I'm allowed to be defined by my hard work. And for who I am as a *person*. Everything else is irrelevant.

.com Bookmark **glamour.com/entertainment** for music news, gossip, and more daily.



Mulligan, above, and Bonham Carter, right, in suffrage colors: violet, green, and white

Bow Down to These Rebels and Renegades

The film *Suffragette*—about the fight for women's rights in England—has us all fired up. Now the stars tell you why it's *not* ancient history. By Megan Angelo

Sometimes we forget: Once upon a time, feminism wasn't just something we debated on Twitter using Beyoncé GIFs. In earlier struggles for equality, women got hurt and killed and even had their children taken away. *Suffragette* commemorates those battles, along with the British women who went on hunger strike and committed arson to bring attention to their cause: the right to vote. *Glamour* talked with costars Carey Mulligan and Helena Bonham Carter and director Sarah Gavron about why the world needs this movie *now*.

GLAMOUR: It took six years to get this movie made. Why?

SARAH GAVRON: There was so much material—but had we been ready with the script a few years earlier, we may not have gotten the financing. Now there's such an appetite for voices that challenge repression all over the world.

GLAMOUR: Carey, your character, Maud, is a laundress and mother who joins the fight for women's rights. But at first she resists getting involved.

CAREY MULLIGAN: She's a working-class woman, and it was so important to be respectable: a good wife, a good mother.

SG: Working women had so much more to lose than their middle-class and upper-class counterparts. [Protesting] was considered more shameful for them.

GLAMOUR: Her husband basically disowns her.

HELENA BONHAM CARTER: It's extraordinary how little we had not so long ago. We were the property of our husbands.... People bang on about us being objectified physically [today], but that's *real* objectification.

GLAMOUR: Is it known that suffragettes acted so boldly?

SG: I certainly didn't learn about it in school.

HBC: My only knowledge came from *Mary Poppins*.

CM: I thought of them as having tea parties and politely protesting in the streets! Men controlled the media then, so it got squashed out of our history.

GLAMOUR: The cast is all different ages. How did your own experiences with women's rights differ?

CM: I grew up in the nineties. It wasn't a big moment for feminism. Now I have so many conversations about it. I was recently doing press for a film, and when I said I was a feminist, the journalist pointed at my male costar and said, "Oh, then you must be under the thumb." To think, in 2015! My costar immediately said, "No, I'm a feminist also."

HBC: My great-grandfather was prime minister at the time of the suffrage movement. I always thought, Oh, he was a Liberal—a goodie. But from a suffrage point of view, he was a complete *baddie*. I was having this posthumous conversation [with him], going, "Why didn't you give us the vote?" How did my granny not convince him that women's suffrage was a priority?

GLAMOUR: What do you want women to learn from this?

HBC: I've never met an *un*-strong or *un*-opinionated woman. But a lot of women don't fight [for feminism], because they think, Who cares? How is it gonna affect me? We need a partnership between generations.... I think that what my character is saying is, "It's your turn to carry on."

SUFFRAGETTE: FOCUS FEATURES

1

I like to funk up my little black dress.

2

I love going Rocker Chic with leather, studs and super high stilettos.

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3

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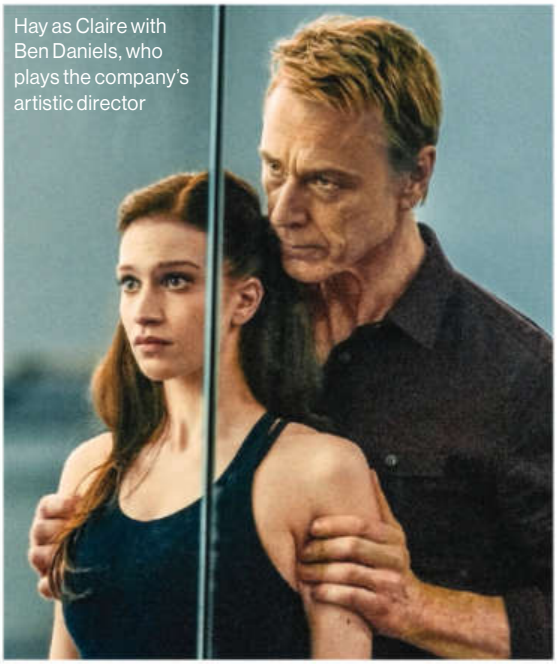
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TV

Could This Be the First Crazy-Dark Drama From a Woman's Point of View?

The ballet-themed *Flesh and Bone*—created by a *Breaking Bad* expat—goes deep into the shadows of the female brain.

I know exactly when I maxed out on super-dark TV: It was last season on *Game of Thrones,* when (spoiler alert) angelic little Princess Shireen was burned at the stake. I literally had to leave the room. It had been a long season of watching people—women especially—take horrific, creative abuse on shows like *Thrones* and *Outlander.* But at the Shireen scene, I finally cracked, and put myself on a months-long diet of nothing but TV Land and ABC Family. (The lighthearted *Younger* cures all.) I swore I was off the hard stuff for good.



Hay as Claire with Ben Daniels, who plays the company's artistic director

Then came *Flesh and Bone,* the limited-run ballet drama premiering on Starz November 8. It's about a gifted ballerina with a past full of pain, and it might be the most disturbing show I've ever watched. But I can't get enough. *Bone* has made me realize I've simply been waiting for a twisted story told by a *woman,* about women taking charge of their destiny and owning the grisliness that goes down along the way.

The women I'd been waiting for are *Bone*'s Moira Walley-Beckett, the Emmy-winning writer and producer who spun a lot of the story lines on *Breaking Bad,* and her protagonist, Claire, played by American ballerina Sarah Hay, above, who's something of a reverse Walter White. "[On *Breaking Bad*] Walter was this beige person who became extraordinary and almost reprehensible," Walley-Beckett says. Claire's goal is to become normal despite a life full of obstacles. *Big* obstacles. Says Hay: "At the end of every day of shooting, I'd push a hot towel over my face and say, 'Let it go. She's not you.'"

Bone crystallizes the most merciless aspects of being a ballerina, which also happen to be the most insidious aspects of being a woman. There's girl-on-girl competition, pressure to sexually charm company benefactors, and enough body insecurity to turn your stomach. "When I talk about leaving dance," says Walley-Beckett, herself a former ballerina, "I say I'm in recovery.... I carried a lot with me and finally left [the quest for perfection] on the side of the road."

But there's more. Think *Homeland*'s tough deaths or *Grey's* gory accidents are rough to watch? Rape on *The Americans* and *Scandal*? None of it pushes boundaries as far as *Bone* does. Claire's main story line revolves around a sinister bond with her brother, who may have molested her, or it might have been consensual—we're not sure yet. It's one thing to write sibling sexual contact into a show set in medieval times, like *Thrones.* It's quite another to put it at the center of a series set in 2015. But Walley-Beckett never balked. "I knew the story I wanted to tell," she says. As for Hay? "I thought I'd be more scared of what people thought," she says about the show's heavy themes. "But I feel empowered playing Claire. It's like I'm expressing every secret I've ever [heard]." That's the thing about darkness done right. It doesn't just shock—it sets you free. G



By *Glamour* TV columnist Megan Angelo, **@meganangelo;** read her daily at **glamour.com/entertainment.**

Five Things I'm Loving (and One I'm So Over)

1 **_The Clasp,_ by Sloane Crosley**
In her first novel our favorite essayist reunites three totally absorbed twenty-somethings on a hunt for jewelry. We're sold!

2 ***Choosing Hope,* by Kaitlin Roig-DeBellis**
This memoir by the brave teacher who shielded her Sandy Hook Elementary class offers a way to triumph over tragedy: kindness.

3 **30 Days in L.A.**
Find a new band to love at Red Bull Sound Select's festival (starts November 1), which features Grimes and newbies like Nicole Dollanganger.

4 **HBO's *How to Dance in Ohio***
Remember prom? Watch a group of autistic teens experience *their* big night in this riveting documentary.

5 **Kaskade**
The (very cute) DJ, who loves to remix work from women like Beyoncé and Gaga, will tour the U.S. for his new album, *Automatic,* this month. Must go!

AND ONE THING I'M OVER
Movies in space! Sure, *Gravity* and *Interstellar* were solid flicks, but now celebs essentially playing themselves on Mars, like Matt Damon in *The Martian*? *Too much.*

FLESH AND BONE: PATRICK HARBRON/STARZ ENTERTAINMENT, LLC. ANGELO: ALISON CONKLIN

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Thanks, November!

...for *everything,* from lush fall fashion to great new role models. It's going to be a beautiful end of the year.



BULLOCK: **MATT IRWIN.** SHOES: **PATRICK DEMARCHELIER.** HUDSON: **VICTOR DEMARCHELIER.** COAT: **WILL DAVIDSON**



THE MEGA COLLAR

It's a season of oversize collars (buttoned up!), retro dickeys, and embellished lapels. Who needs jewelry when you've got built-in bling like this?

Marc Jacobs coat, shirt. **J.W.Anderson** earring, $635 for pair. For full, bold brows, try **L'Oréal Paris** Brow Stylist Plumper in Medium to Dark ($9, at drugstores).

Make a Statement

Fashion is having a bolder-is-better moment. Start with these eight ideas!

Photographs by **Patrick Demarchelier**
Fashion editor: **Jillian Davison**



SOMETHING SPORTY

A windbreaker *and* sneakers? Just do it! Nail athletic-chic style by keeping patterns daring, not delicate.

Bottega Veneta fleece, $1,400, top, pants. **Fendi** earring, $450 for pair. **Prada** bag. **Michael Michael Kors** sneakers, $125.



KNITS (OVER KNITS)

Sweater dressing is everywhere: big sweaters, little sweaters, and, best of all, unbulky streamlined ones like these.

H&M top, $50, skirt, $60. **Paige Novick** earring, $290 for pair. **Carven** necklace, $350. **Proenza Schouler** cuffs. **Stella McCartney** shoes, $655. To get her textured side pony, try **Pantene Pro-V** Stylers Texturizing Sculpting Wax ($6, at drugstores).



SEQUINS FOR DAY

Yes way! Ground them with a pair of crisp white kicks. (The leopard beneath is for extra credit.)

Lanvin dress, blouse, belt. **Calvin Klein Collection** sneakers, $595.

THE CONVERSATION BAG

Let this bucket shape with its gorgeous adornment serve as proof: The best picks now are *not* plain!

Dior bag, dress, earring, $490 for pair. **Jennifer Fisher** rings, $125 each. Like her cherry lips? Try **Clinique** Chubby Stick Moisturizing Lip Colour Balm in Two Ton Tomato ($17, clinique.com).





GEOMETRIC TOUCHES

Complement this season's print-mad fashion with equally graphic shoes (note the cool stacked heels).

Michael Kors Collection pants, $975. **Proenza Schouler** sandals, $1,065.



LOTS OF LAYERS

Master the art of piling it on! Experimenting with different combinations—a vest over a top, or a tunic over pants—looks fresh now. Do a turtleneck under this all winter.

Céline dress, top, pants, shoes, bag. **Sophie Buhai** necklace, $375. **Jennifer Fisher** cuff. Model: Ophélie Guillermand at Women; hair: Rutger, makeup: Dotti, both at Streeters; manicure: Rieko Okusa at Susan Price NYC; set design: Todd Wiggins at Mary Howard Studio.



THE PUNCHY PRINT

And the simplest statement these days? Electric, Technicolor prints. Wallflowers need not apply.

Marni dress, $2,440, scarf, $460, belt, $720, sandals, $1,020. **Sophie Buhai** earrings, $390. **See Glamour Shopper for more information.**

The Tailored Tweed
A formfitting maxicoat like this channels a sexy Sherlock Holmes vibe (particularly when worn with a long slipdress underneath).

Dior coat. **Nili Lotan** dress, $495. **Echo** scarf, $45. **Chloé** boots, $895.





The Traditional Check
What to wear over your longest, slinkiest LBD when it gets chilly? A lightweight duster in timeless plaid. Equally stylish over jeans and a cable-knit sweater.

Chloé coat, vest, skirt, scarf, boots.

Coats, to the Max

Your new look starts with a coat—and this fall, you're going to want to go *long*.

Photographs by **Will Davidson**
Fashion editor: **Jillian Davison**



The Elongated Peacoat
Everyone's perennial favorite style—now with a floor-grazing, oh-so-2015 hemline.

Theory coat, $865.
Barbara Bui dress.
Victoria Beckham boots.

A Short History of the Long Coat


BURBERRY PRORSUM


CALVIN KLEIN COLLECTION


CHLOE


NARCISO RODRIGUEZ


STELLA McCARTNEY

The best clothes do everything we need them to, but they also kind of *surprise* us. And the sweeping knee-length (and longer) coats popping up across the fashion universe, from Chloé to Tory Burch to Zara (see the runway hits above), do just that. They *feel* different than your peacoats and parkas. In one swoop they unleash your inner power heroine—while also quite literally having your back. Put one on, and you feel and look taller (and slightly more mysterious) than you did seconds ago.

But while long coats are #trending now, they have a history. Picture nineteenth-century greatcoats, like those worn in the Old West, or *Doctor Zhivago*–era Russia. Think Edwardian England (or the early seasons of *Downton Abbey*). When cars happened, long coats became even more necessary, to protect clothes from the clouds of dirt that rose from the unpaved roads; that's why they were often called dusters. Since then, they've morphed from the slimmer shapes of the twenties and thirties to the swingier full ones of the fifties to seventies maxicoats and mega-shouldered eighties styles.

Now the long silhouette has returned, along with maxidresses and other knee-passing hemlines. But don't worry about what goes with this length, because *everything* does. Short, medium, or long hemlines; any pants, jeans, or shoes. If you're shortish, wear your coat an inch or so below your knee rather than ultra long. Curvy? Try one that's a little tapered to the waist and gently full below for a smooth line.

I can vouch for the power and pleasure of a super coat because I've had one in my closet for a while, a belted navy style that's fitted to the waist and then flares to midcalf. It makes me want to twirl, stand tall, and stride far, and I love it. Oh, and by "a while" I mean a *while,* because another of the style's perks is that *it will look fabulous forever.* Like the best heroines do. *—Kimberly Bonnell*

BURBERRY PRORSUM: YANNIS VLAMOS/STYLE.COM. CALVIN KLEIN COLLECTION: STEFANO MASSE/STYLE.COM. CHLOE, NARCISO RODRIGUEZ, STELLA MCCARTNEY: MARCUS TONDO/STYLE.COM



The Right Mauve
Tired of black? Warm up your outerwear game with a topcoat in a dusty, goes-with-everything shade of pink. (Turn to page 190 for more pastel styles.)

Marni coat, top, trousers. **Fendi** booties. **See Glamour Shopper for more information.** Like her full, sculpted brows? Try **Lancôme** Sourcils Gel in Taupe ($24, lancome.com). Model: Jacquelyn Jablonski at IMG; hair: Panos Papandrianos at CLM; makeup: Georgi Sandev at Streeters; manicure: Tila Ribeiro; prop stylist: Alicia Camacho; production: Christian Page/Page International Services.

The Sandra Effect

She's won an Oscar; she's made the list of highest-paid actresses seven times in a row; and this month she stars in *Our Brand Is Crisis*—playing a part originally written for a man. Now Sandra Bullock tells costar Zoe Kazan how she made those things happen for *herself.*

Photographs by **Matt Irwin** Stylist: **Laura Ferrara**

I first met Sandra Bullock in 1994: I was a kid sitting in a dark theater, and she was the star of *Speed,* the scariest movie my parents had ever taken me to see. I covered my eyes through the explosions but kept them wide open every time Bullock appeared. Her Annie Porter was tough, vulnerable, surprisingly hilarious—and real. For me (and probably everyone else watching) it was cinematic love at first sight.

Over the past two decades Bullock has increasingly revealed the formidable range of her talents, transforming herself in films like *Gravity* and *The Blind Side,* for which she won an Oscar. But from the start she refused to be the average ingenue. Scan her filmography and see for yourself: Very rarely has Bullock played just "the girl." Like Katharine Hepburn, she's taken an active hand in her career, producing blockbusters like *Miss Congeniality* and *The Proposal,* which showcase her comedic acting abilities.

But even in the process of becoming (and remaining) one of the biggest movie stars in the world, Bullock, 51, somehow has retained that girl-next-door quality that first made audiences lean forward. When Sandra Bullock comes on-screen, we forget that she has made *Forbes*' list of highest-paid actresses for the last seven years. She makes us feel like we know her; we care about her like a friend.

Last fall I auditioned for director David Gordon Green's political dramedy *Our Brand Is Crisis,* starring Bullock as Jane Bodine, an unconventional and hyperintelligent political consultant. (She's also a producer on the film.) I leapt at the chance to work with her—when I got the call offering me the part, I physically jumped up and down. But I was nervous. What if this person I've admired for so long turned out to be less than worthy? Well, I hate to break it to you: "Sandy," as she cheerfully introduced herself to me over email before we started filming, is one of the kindest people I have ever met. Not "for a movie star," not "in this business." Kindest. Ever. At dinners with the cast, I watched her draw out even the most reticent person, disarming with laughter, listening with her entire self. I won't embarrass her by reciting her acts of generosity, but I will say: After spending time with Sandy, I now have a new standard of how to conduct myself, not just at work but also in life.

As one of the most famous people in the world, she is understandably private. In our social interactions I've been careful not to put her on the spot. So when we sat down in Toronto this fall, the morning after *Our Brand Is Crisis* premiered, I could hardly contain my excitement at getting to ask one of my heroes everything I always wanted to know but was too shy to ask.

ZOE KAZAN: I have so many questions.

SANDRA BULLOCK: Ask whatever you want to ask! There's nothing off-limits. And if there's something off-limits, I'll just go, "And... swipe left." Which way is it on Tinder?

ZK: I don't know. I've been in a relationship too long! I think it's left.

SB: Great. And you can say, "And she swipes left."

ZK: Deal. So I always say to people that if we were in a small town and you weren't a movie star, you would be the rock of the town.

SB: Oh my God. OK. We start crying at the beginning of the interview. I always thought that I'd end up as a waitress in a town somewhere; the oldest waitress, who knew everybody. I liked the idea of making everyone feel comfortable because it makes *me* feel more comfortable. I'm oddly an introvert. Because of that aspect of my personality, I like the idea of taking care of the team—hoping that someone will, eventually, take care of me back.

ZK: I watched you take care of everybody on set. And I noticed how emotionally attuned you are to people around you. Were you always like that? Was that behavior modeled for you by your parents?

SB: No, Mom didn't do it. Dad didn't do it. Because of our travels, between Europe and the States [*Bullock's late mother was a German opera singer who performed in Europe*], I had to figure out how to do it. I was really aware of having to blend in and make a place for myself. There were two choices: Either do that, or isolate yourself in a room and have a vivid imagination, which I did a lot too. My dad was one of the first people [in my neighborhood] to get a movie camera. I would write scripts. I'd get [everybody] involved, in Germany or here; everyone had parts. I always played a blond



Sandy, Then and Now
"I did some stupid things in college," she jokes. "Fact that I didn't wind up in jail: miracle."

Valentino top. **Céline** trousers. **Ana Khouri** earring (worn in right ear). **Dior** earring (worn in left ear). Oh, and for silky hair like hers? Try **Garnier Fructis** Sleek and Shine Brazilian Smooth Flatiron Express ($6, at drugstores).



Breaking the Mold
"Because I didn't fit a certain type," says Bullock, "it gave me the career I wanted."

Narciso Rodriguez jumpsuit. **Dior** earring. Glowing skin: all hers. But **Neutrogena** Healthy Skin Blush in Luminous ($9, walgreens.com) helps too.

with big boobs. There was always toilet humor. You never felt alone 'cause you had this imagination.

ZK: You've talked to me about wanting to be with your son, Louis [now five], and you've said that a project really has to be special for you to commit to it. So what was it about *Our Brand Is Crisis* that made you want to go back to work?

SB: It was the story, first. This script came along. I went, "Wow." It's couched in this absurdist look at the inner workings of politics, but it represented the people of Bolivia, who are fearless in fighting for what they feel is right. The story, I loved. And then working with [producers] Grant [Heslov] and George [Clooney] was exciting. We have known each other since we started in this business. Literally before any of us had a job.

ZK: How did you meet?

SB: Grant, George, and the person I dated were all friends. I met George at a party where he was doing Buddy Hackett imitations! George was the reason the guy that I ended up dating dated me. He was like, "If you don't get with her, I'm gonna get with her." He was kidding, but sort of pushing. So we've all known each other for umpteen-chillion years and have supported each other from afar.

ZK: This role was originally written for a man. Is it true you asked to see scripts for male roles?

SB: Yeah. My agent said, "Let's just start reading the scripts." She came up with this one. I read it. She goes, "Should we ask them if they're willing to make it a female?" I said, "Yeah."

ZK: How did that thought occur to you?

SB: I did as my mother did: I put my blinders on and blazed forward. Sometimes you get a no. But I expect the no. I don't expect the yes. With this I got very nervous. I didn't know if George had made this for himself. But the response was "We're cool with it." And then the role—I mean, it was so beautifully written for a man. It wasn't one of those things where you go, "Hmm, how do we change it to a woman?" You just change the sex; that was pretty much it. She's human. She deals with addiction; she deals with mental illness. She's brilliant at what she does, and she gets lost in the fact that all she cares about is a win. You look at our world—and back to my son: How do you raise a child to not make it all about the win when all we see in our world is people saying, "In order to have success, you have to win"?

ZK: How *do* you do that?

SB: There was something that I did, and [Louis] goes, "But you didn't win." I said, "Baby, I won 'cause I get to come home to you." To me, that's showing him by example.

ZK: Fame looks so different today than it did when you first started out. Is it strange to have signed on for a certain kind of life, and then have a different kind of life develop?

SB: I've always been insanely private. When I [first] stepped into this, it was still loud. The tabloids were violating. I went, "How can people write that?" I spent a year and a half, two years, distraught, saying, "You can't say these lies." I spent years fighting battles you can't win. As loud as it's gotten now, it's the same panic. As much as I profess to being able to shut it out, there are times I can't, like when it's hurtful to people I care about. Me, I get it. But when it hurts other people? Like, you come after my son, I'm gonna go postal. But they do.

ZK: How do you protect yourself emotionally?

SB: I don't know. I was really mad at myself a couple weeks ago. I let myself get sick, emotionally, from another [tabloid] onslaught. And I go, "You allowed somebody to hurt you. That's shame on you." So the recovery time is faster now. And it makes for good material. If I don't come out of it with a good joke, then I'm not doing the work right. I'd like to say that everything rolls off me. But it doesn't. And if it does, you've turned into a robot. I don't want to be a robot.

ZK: I'm impressed with how you've protected your ability to have a personality—and be sensitive to people. Some famous people become desensitized in order to protect themselves.

SB: Yeah, but I don't think your core changes. If you were an asshole before you got in this business, you're just a bigger asshole. I think you are who you are. I didn't get into [this business] till later in life. Who I am as a person hasn't changed. I was already baked.

ZK: You had gone to college. You were an adult.

SB: Yeah. Well, I did some stupid things in college. Fact that I didn't wind up in jail: miracle. Miracle! So I'm grateful for that. But, you know, I don't feel like I was an adult till about five years ago.

ZK: Really?

SB: I literally went, "I know who I am." Not completely. But about two years ago all the puzzle pieces came together. I went, "This is who I like. This is who I am."

ZK: Was part of that because of motherhood?

SB: Motherhood and divorce—and not just divorce but the onslaught. Again, I let it affect me. I heard it all. And I had to step back and go, "I have the greatest gift in little Louis, and I'm gonna let him see the woman I want him to know." So a child forces you to get your sh-t together. In the best way.

ZK: Completely. There's a funny myth perpetrated by the male gaze that life doesn't get better for women and it does get better for men. And I've experienced the exact opposite.

> "I was worried, I was fearful, I was running, I was hiding…I lost so much time in fear and chaos."

SB: It *does* get better.

ZK: Sex gets better, your relationship with your body gets better, your relationship with yourself. What are shifts that you've noticed?

SB: My greatest lesson? Look to the group of safe people for help. I'm like, "I'm tired of lugging the luggage up the stairs at the end of a trip. I'm gonna ask somebody to help me." And I'm not kidding when I say that that was a big thing for me—they're like, "Do you need help?" "No, no, no, I got it. I got it, I got it." I overpack. It's 80 pounds. I'm dragging it up. I go, "Why am I not asking for help?" What does that mean about me as a woman that, Oh, I can carry my own luggage? I got plenty of baggage. I just don't want to carry it all by myself, metaphorically and literally.

ZK: When I first wanted to be an actor, I wanted to act so badly I would have done anything. As I get older, I started to realize, like, "Oh, some things are worth it, and some things aren't." What has that process been like for you?

SB: I was ridiculously selective at the beginning. [I'd] say, "I'm not gonna go on this audition, because I don't like how the woman is represented [in this role]." I had agents going, "Who do you think you are? You're not getting offered any jobs." I'd go, "I hear your point. But I'm not gonna work well in *Baywatch*." And then much

later in life, I realized I wanted a life outside of my work. I was doing three films a year. I didn't have a family. I didn't have a social life. I said, "I have to stop." Once I put value on my life, which I didn't before, I think my work got better.

ZK: I've noticed in your filmography—

SB: —you're so thorough. *Glamour,* you need to hire this woman!

ZK: Aww, Sandy. Looking at your filmography, I realized you stopped being "the girl" in movies and became the protagonist early on.

SB: They didn't want me to be the girl. 'Cause I wasn't classically beautiful. I loved comedy. I was the best friend. I wasn't a leading lady. [But] it allowed me to express myself in a more authentic way. Because I didn't fit a certain type, it gave me the career I wanted.

ZK: That's a powerful way of looking at the world. It would crush a lot of people in some ways to feel like, "I'm not wanted in this way."

SB: Yeah. But it never was [that way for me]. My mother was extremely beautiful. But she was also incredibly talented. And her gift was her voice and her music. But I saw how people reacted to the beauty aspect, and it became the *only* thing they saw. So I went the other way. I was a tomboy. I put on my glasses. I wore big sweaters that covered up my body. I liked people who would laugh at my jokes. That made me the platonic friend a lot. But I was liked for me. No one ever went, "My gosh, she's hot. I want some of that."

ZK: Right, and you protected yourself from that.



Introducing "Calamity" Jane Bodine "She's brilliant at what she does," says Bullock of the political strategist she plays in *Our Brand Is Crisis* (here, with costar Billy Bob Thornton).

SB: Well, I didn't have it—let me show you pictures of when I was 13, and I looked like Roseanne Roseannadanna, and people kept saying, "This young man." But that gave me humor and the ability to not put stock in [appearance]. And I don't want my son to put stock in it. I want him to look at women and love them for who they are as people, just like I want people to love *him* for the content of his character.

ZK: I do think [beauty] is something that can disable people. I think it can make actresses self-conscious on-screen. I think it's one of the reasons that when actresses are given permission to be ugly, they do better work—like Charlize Theron in *Monster* and *Mad Max*.

SB: It's what she's presenting as a human being, you know, and that's bravery. You see that and want to walk by her and give her that look of "Thank you. Thank you for doing that for women."

ZK: I've watched you with Louis. You're so present with him. It feels like you're letting him be the person he is. What are you doing right?

SB: What am I doing wrong? A neighbor gave me great advice. She said, "I had my children, I panicked, I listened to everyone's advice." And then she stopped and said, "I was given instincts for a reason." A woman's intuition is powerful. [And] I have great male influences in his life [too], where I watch and I go, "That's not my instinct, but I see that's [Louis'] instinct and your instinct as a man, so I'm gonna let you teach that." Because some things *are* inherently boylike: The hand goes down the pants and stays there at a year and a half. I went, "I see, it's genetic." I don't feel the need to cup my breast while I'm watching TV, but he's gonna be a man. No matter how I raise him, he's gonna be a beautiful African American man. Will he be a beautiful human being? I see it. Am I gonna pass on my stupidity? I'm sure. I just want him to be happy.

ZK: Completely. Your son is African American, and there's been so much in the news about the peril that African American men face in this country.

SB: Men *and* women.

ZK: Is that something that you think about?

SB: Every day. Tearing up again. You see how far we've come in civil rights—and where we've gotten back to now. I want my son to be safe. I want my son to be judged for the man he is. We are at a point now where if we don't do something, we will have destroyed what so many amazing people have done. You look at women's rights; it's turning into a mad, mad world out there. But sometimes it needs to get really loud for people to say, "I can't unsee this." If I could ride in a bubble with him for the rest of his life, I would. But I can't.

ZK: In regard to women's [equality], here's a statistic: Women comprise just 12 percent of protagonists in the 100 top-grossing films of 2014, a drop of 4 percentage points from 2002.

SB: That makes me sad. It *is* a business—so [a movie] has to make money in order to be repeated. So on a superficial level, with a film like *Our Brand,* I go, "Wouldn't it be nice if it had a modicum of success?" Because that means someone wants to see a woman do this. Someone will be inspired to change the guy script to a girl script.

ZK: You lead by example, and one of the ways you have led is the way you've taken the reins of your career. You started producing in *Hope Floats*. What made you do that? What does it mean to you now?

SB: I like creating a story. I don't have to be in front of the camera to do it. I stopped [producing] when I had Lou because it's a 24/7 job sometimes. With *Our Brand* I said, "I want to dip my toe back in." And I was able to balance everything, have my school drop-off time. I don't want to miss a moment. People asked me, "Remember in '96 when…." I go, "I don't. I don't remember most of my life, because I was not present." I was worried, I was fearful, I was running, I was hiding. Only in the last five years do I remember everything.

ZK: Wow. That is so powerful.

SB: It's sad, though. I lost so much time in fear and chaos. [But] I wouldn't go back, because I love where I am. Never been happier.

ZK: I'm gonna ask you—

SB: I lost my virginity at 19 and a half. I know you need to ask. [*Laughs.*]

ZK: Thank you. You were a high school cheerleader. Do you still have the outfit?

SB: Embarrassingly, yes. That might come in handy some sexy night. I don't know who I'm saving it for. I want to be buried in it.

ZK: Final question: You did an interview for the cover of *Glamour* in 2009. And they've asked me to read what you said when they asked you the question "Where do you see yourself in 10 years?"

SB: All right, let's see what malarkey came outta my mouth then.

ZK: "I hope the breasts I've ordered have arrived."

SB: They haven't. I want small. I want natural. Perky.

ZK: "I hope they invent a machine in which you type the age you want to be, and it lifts and separates everything nonsurgically."

SB: I think they're getting there with lasers! I feel it coming.

ZK: "I would like to be healthy, and for everyone I love to be healthy."

SB: Check.

ZK: "I hope I'm as content as I am now."

SB: Wow. Yes. And more so.

Actress Zoe Kazan appears alongside Bullock in Our Brand Is Crisis. *She is also a screenwriter and playwright. Follow her on Twitter @zoeinthecities.*

OUR BRAND IS CRISIS. PATTI PERRET/© 2014 WARNER BROS. ENTERTAINMENT INC. AND RATPAC-DUNE ENTERTAINMENT LLC



Life With Louis

"A child forces you to get your sh-t together. In the best way," Bullock says. "I have the greatest gift in little Louis, and I'm gonna let him see the woman I want him to know."

The Row coat. Earrings, from left: **Ana Khouri; Dior.** For a soft pink lip like hers, try **Estée Lauder** Pure Color Envy Sculpting Lipstick in Desirable ($30, esteelauder.com). **See Glamour Shopper for more information.** Hair: David Babaii, makeup: Sabrina Bedrani, both at Tracey Mattingly; manicure: Ashlie Johnson at The Wall Group; set design: Evan Jourden at Owl and the Elephant Studio.



Broadway Baby
"I think I'm going to fall in love with Broadway," says Jennifer Hudson of her theater debut. "I think I'll be like, I want to stay here."

Emilio Pucci dress. For her sculpted faux hawk, try **Sexy Hair** Style Sexy Hair Molding Paste ($19, sexyhair.com).

Meet the Real Jennifer Hudson

She's grown up—the hard way *and* the happy way—since snagging that *Dreamgirls* Oscar eight years ago. Let Hudson, now the costar of *The Color Purple* on Broadway, share what she's learned with you. By Marisa Meltzer

Photographs by **Victor Demarchelier** Stylist: **Charles Varenne**

Jennifer Hudson grew up singing in church, but despite her powerhouse voice, she was too shy to face the audience. "I used to beg for a solo, and then when they gave it to me, I would be too afraid to sing," she says. "I didn't start singing with my eyes open until I was 19 years old."

She's nothing but confident now: The 34-year-old has an Oscar and a Grammy, has sung for the Pope and the President ("We speak to each other like we've been knowing each other forever," she says of the latter), and is making her Broadway debut this month as Shug Avery in an all-new rendition of *The Color Purple*. Hudson also has a role in Spike Lee's black comedy *Chiraq,* slated for release in December. The title is the slang term commonly used to describe Chicago's South Side, because of the area's war-zone-level violence; Hudson plays a woman whose daughter is killed by a stray bullet while she's walking her to school.

The story of brutality, loss, and anger connected with her unlike any project before. "There's a scene where we're all holding up boards with [photos of] our slain children on them. I turned around, and it's a sea of real women [as extras] holding pictures of children they actually lost," she says. "I'm a character holding a picture of a little girl, but in real life I have the same story."

Hudson, of course, is talking about the 2008 murder of her mother, brother, and nephew, who were shot by her sister's estranged husband—a subject she rarely discusses. "It's frustrating as hell to me to have somebody who ain't lost nothing try to talk to me about it," she says. "I want to say, 'Don't even bother, because you know nothing.' But you never know how much you can get through until you're going through it."

What helped her through it? Giving birth a year later to her son, David, was the best therapy, she says, if bittersweet. "I went from being an aunt, having a mom, and being a child to not having a mom, becoming a mom, and raising my own child," she says. "I tell David [now six] all the time, 'You saved my life.'" After he was born, she and fiancé David Otunga moved from Florida back to Chicago—it's the place she will always call home. "Here I get to take off Little Miss Celebrity and be normal, let my feet touch the ground," she says. "I feel like it keeps me *me*."

She realizes that she's diving into these projects at a time when race is a national conversation, and that she's going to have to discuss "our history in America, our trials and tribulations," with her son eventually. "I've started by telling him some of the world's greatest people—leaders and athletes—are black people," she says. "But I also tell him the reality of things. When a little black boy was playing in a playground with a toy gun and got shot by police, I told him, 'You can't go outside and play with a gun. That's not safe or smart for you to do.' I want to teach him, to make him able to make smart decisions for himself." Someday she'll talk to him about the racism she's faced: when she was nine and harassed by police for sitting on the steps of her church barefoot; when, far later in life, movers would only communicate with her white driver about where to put her things in her new house; when flight attendants demanded to see her ticket to prove she was sitting in first class instead of coach. "It's disappointing more than anything," she says. "Forget culture shock: It's a time shock. This is really happening! But I feel like a majority of us in America are in denial about it."

The actress, who's also appeared in *Empire,* has more projects lined up, including a role in *Confirmation,* the HBO movie about Anita Hill starring Kerry Washington, who's also executive-producing. People like Oprah are in the contact list of Hudson's phone, but she still has an unbelievable perspective: "My whole life, through the good things, the bad things, I know nothing is guaranteed," she says. "I've seen the highest of the highs and the lowest of the lows and everything in between, just like Shug. But what my mother, my grandmother, and all the powerful women in my family instilled in us—our faith, and how to make it on our own—carries me through. It's like they are very much still here." She's clearly taken on the mantle: Everyone in her family now calls her Mama Hud. "I would've never guessed I would be that person," she says. "But I love it."



Role Model Mom
"My son once told me, 'Mommy, you're my *second*-favorite singer,'" says Hudson. "'Michael Jackson is the first.' He loves to moonwalk!"

Dolce & Gabbana jacket, pants. **Gucci** necklace. **Christian Louboutin** shoes. **See Glamour Shopper for more information.**



Star Status

"When I hear people say, 'Jennifer Hudson, Oscar, Grammy winner,' I'm like, Who are they talking about? That's *me*?" Hudson says. "Certain things you can never really get used to."

Dolce & Gabbana coat. Rings, from left: Hudson's own, **Dior High Jewellery.** Love her bright magenta lip? Try **Wet n Wild** Silk Finish Lipstick in Fuchsia with Blue Pearl ($1, at drugstores). **See Glamour Shopper for more information.** Hair: Cesar Ramirez at Crowd Mgmt; makeup: Fredrik Stambro at Jed Root; manicure: Bernadette at Bernadette Thompson; prop stylist: Graham Huber at Todd Wiggins Studio.

The Podcast Genius

Sarah Koenig's *Serial* has been downloaded nearly 100 million times. And that's *before* season two launches this month. Get addicted here. By Liz Brody

Photograph by **Jason Schmidt** Fashion editor: **Jessica Sailer Van Lith**

"Some of our cast was so obsessed with Serial *that we drove to all the locations mentioned—Woodlawn High, Best Buy, Leakin Park... Serial was the perfect blend of journalistic rigor and imaginative storytelling. It revolutionized podcasting and showed us all what was possible."*
—Beau Willimon, creator of Netflix's *House of Cards*

Inside a weathered garden shed in Sag Harbor, New York, Sarah Koenig works at a large U-Haul box on which she's set up her laptop and cell phone, with a blackboard to her right that has a few random—or maybe not so random—notes like "figure out Thursday" and "noose." It's here in this tiny shack that season two of the podcast *Serial* is coming to life, the follow-up to the real-time true-crime investigation that won a Peabody Award, helped reopen a murder case, and single-handedly made podcasting a *thing*.

Koenig first learned "the rhythm and humor of words" from her adman father, Julian Koenig, and her novelist stepfather, Peter Matthiessen. Later she developed her own following as a producer for 11 years at National Public Radio's *This American Life*. But it wasn't until she cocreated the spin-off podcast *Serial* that Koenig, 46, became a household name. Over the course of 12 episodes last fall, she got the nation hooked on the 1999 homicide of Baltimore high school senior Hae Min Lee—a case Koenig had first learned about when she was contacted by a friend of Lee's ex-boyfriend, Adnan Syed, who is serving a life sentence for the crime. "Honestly, at first I didn't know whether it was a good story," she says. "But I couldn't shake it. I was like, 'What if he *is* innocent and someone should be doing something about it? Wait, that someone could actually be me.'"

Week after week, Koenig dug up old leads and new information, asking: Did Syed *really* do it? "I was so consumed," she says. "I'd talk to anyone who'd listen. Nobody cared back then." But within a few episodes, people cared. A lot. More than 20 *Serial* subreddits sprang up; Stephen Colbert called Koenig his "favorite guest of all time"; she was even spoofed on *Saturday Night Live*. *Serial* quickly became the most-listened-to podcast in history—and lit up the whole medium (7 million more Americans a month now tune in to podcasts than before the show began). Koenig's reporting also helped reopen the case: Syed has been granted the right to appeal.

"Sarah wasn't a Sherlock Holmes; she was one of us—down-to-earth and very relatable," says David Bushman, a curator at The Paley Center for Media. "And we were able to experience the mystery *with* her and *through* her." Now the mother of two is racing to finish the second season, set to air in November, while (FYI to fans) she's also reporting on season three. "I'm stressed, and I see my children less than I'd like to," she says. "But I like that they are seeing their mother work really hard at something she loves and getting the lesson that they can go do the thing they want to do." She won't reveal any spoilers about the next season: "It's our take on a news story that's already caused a lot of brouhaha," she says. "It's controversial." Get ready to binge-listen.





HAIR: DEBORAH BRIDER FOR MATRIX STYLELINK; MAKEUP: ALEXA RODULFO FOR DIOR

HER WORDS TO LIVE BY:

"My father used to say, 'Take what you want and pay for it.' I took it to mean: Be accountable for everything you do. Be able to answer for it."

—Sarah Koenig, here in her "office" in Sag Harbor, New York. Read that blackboard for clues!

Dries Van Noten dress. **CVC Stones** necklace. **Ted Muehling** bangles, rings. **See Glamour Shopper for more information.**



The Luminous Face
The secret ingredient in Ronan's look here? A shimmery, creamy highlighter on cheekbones and the bridge of the nose (we like L'Oréal Paris True Match Lumi Liquid Glow Illuminator, $13, at drugstores).

Alexander McQueen dress. **Inez and Vinoodh** earrings. Rings, from left: **Mizuki; Sophie Bille Brahe; Satomi Kawakita.**

Fall's makeup toolbox is full of pretty pastels and shimmers. Freckle-faced Irish beauty Saoirse Ronan shows us how it's done. By Fiorella Valdesolo

Photographs by **Dusan Reljin**
Stylist: **Jessica dos Remedios**

Super Natural



The Plum Lip
Balance out mega color like the berry shade here with clean skin and wispy hair. Using a lip brush keeps it bold; for a subtler effect, blend the deep hue onto lips with your finger.

Dolce & Gabbana dress.
Céline pearl earrings.
Mizuki ring, in earring.

Meet Saoirse...

You may recognize Saoirse Ronan (pronounced *Seer*sha "if you want to be legit about it," she says) from the period drama *Atonement* (she played Keira Knightley's little sis) or Wes Anderson's quirky, campy *The Grand Budapest Hotel*. Then again, maybe you won't: "I've played characters with bleached hair, eyebrows, and lashes [in *Hanna*] or with a birthmark on my cheek in the shape of Mexico [in *Grand Budapest*]," she says. "I've always wanted to play someone more like myself." Enter this month's coming-of-age film *Brooklyn*, set in the fifties and based on the novel by Colm Tóibín, in which Ronan stars as Eilis, a young Irish girl who reluctantly emigrates to New York, much as the actress's parents did 30 years ago. "Eilis is me," says Ronan. "She is my mom. She is so many people we know who have made the exact journey." And the role, she notes, required little time in the makeup chair; her character's freckles, rosy cheeks, and bright blue eyes were all Ronan's own.



GLAMOUR: You play an Irish girl in an Irish film. Was the pressure on you more than usual?

SAOIRSE RONAN: It was really tough—and at times emotional. There were huge resemblances to the physical journey my own parents took back in the eighties. We shot 20 minutes away from where I grew up [in County Carlow, Ireland]. It was like being forced to look in a mirror and not being able to look away.

GLAMOUR: Speaking of mirrors, this is the first time your character really *looks* like you.

SR: Eilis is the most glamorous character I've ever played. I wore lipstick and curlers in my hair, and these outfits that reflected bodies in the 1950s, when women had a bum and legs and boobs and hips. Now girls are encouraged to be stick-thin, so it was nice. I felt really girly.

GLAMOUR: What's your own beauty routine like?

SR: I like sheer-colored products. I never want to hide my freckles. I think they're really youthful and healthy-looking!

GLAMOUR: Do you see similarities between getting into character on film sets and doing fashion shoots?

SR: [Photographer] Brigitte Lacombe, who is, like, the coolest woman ever, taught me to remember to breathe when you're doing a photo shoot. You can tell when somebody is relaxed. Remember to breathe, girls! —*Kate Branch*

Now Steal Her Look!

If you like the season's delicate makeup—as seen here on Ronan, and especially nice with all those high ruffled necklines and super-feminine silhouettes out there—here's a primer. "I call it new romantic," says makeup artist Daniel Martin of fall's prevailing ladylike mood. His guide to getting the looks:

The Radiant Face

It's a classic makeup conundrum: You want to look natural, but not like you just woke up. The first step? "Balance your complexion," says Martin. "If you have ruddiness in your cheeks, use a neutralizing primer before foundation." You'll want one with some green and yellow to cancel out redness; try Koh Gen Do Maifanshi Makeup Color Base ($48, beauty.com). Next, apply a sheer foundation (so your freckles and other pretty quirks peek through) from the middle of your face, working outward. Swipe an illuminator on cheekbones, the bridge of the nose, and your Cupid's bow. For any dark spots, Martin likes to dab on Diorskin Star Concealer ($36, dior.com). Finish with cream blush on the apples of cheeks; for fair types like Ronan, go with a coral hue (like Make Up For Ever HD Second Skin Cream Blush in 220, $26, makeupforever.com, at top), and for darker skin tones, an orange or tangerine.

The Rose-Gold Lids

For the eye on the opposite page, Martin first applied a shimmery brownish-red shadow across the top lid and underneath the lower lash line into the outer corners. Then swipe a golden cream shadow (like Nars Velvet Shadow Stick in Hollywoodland, $28, narscosmetics.com, at bottom) from the inner corners to the middle of the eyelid, smudge a bit of brownish-black gel eyeliner across the top lash line to add depth, and finish with mascara.

That Lip, Though!

When the rest of your makeup is delicate, a bold lip, on the previous page, can look *killer*. Martin likes to defy conventional beauty wisdom by applying color with a lip brush and adding lip liner afterward. "This straightens out any feathering and strengthens lip lines," he says. A few good choices: A brown-based red lipstick (try Maybelline New York Color Sensational Creamy Matte in Burgundy Blush, $7.50, at drugstores) for newbies or a darker bluish plum (like Revlon Super Lustrous Lipstick in Black Cherry, $8, at drugstores, middle) for a more dramatic look.

STILLS: WORLD PICTURE SERVICE



The Shimmery Rose Eye

Pale pink lids give off a romantic, ethereal vibe. Pair with an eggplant nail, like Sally Hansen Complete Salon Manicure in Clean Slate ($8, at drugstores), to add a touch of edge.

Dries Van Noten dress, necklace. **Inez and Vinoodh** earrings. Rings, from top: **Satomi Kawakita; Jennifer Fisher; Catbird; Jennifer Fisher. See Glamour Shopper for more information.** Hair: David von Cannon at Streeters; makeup: Daniel Martin at The Wall Group; manicure: Gina Viviano at abtp.com.

The Glam

Everything you need to know about all the good stuff you just saw



Shop Our Shoots

Look! We Found Your New Fall Coat

And no, it's not black. A long pastel topper is the modern way to warm up (as proved on page 170).

PEACHY KEEN
Banana Republic ($328, bananarepublic.com)

A BIT OF MINT
ASOS ($81, asos.com)

THAT TEXTURE
Topshop ($280, topshop.com)

THE PERFECT PINK
White House Black Market ($250, whbm.com)

LAVENDER? LOVE
Ann Taylor ($258, anntaylor.com)

GRAY COUNTS TOO
COS ($350, cosstores.com)

FALL COAT: **WILL DAVIDSON;** STILLS: **TIM HOUT;** STYLIST: RENATE LINDLAR

Celeb Soundtrack

The Song That J Hud Fell in Love To...

...and more life-defining music from the actress, singer, and owner of the fiercest haircut ever, Jennifer Hudson (who's profiled on page 180).

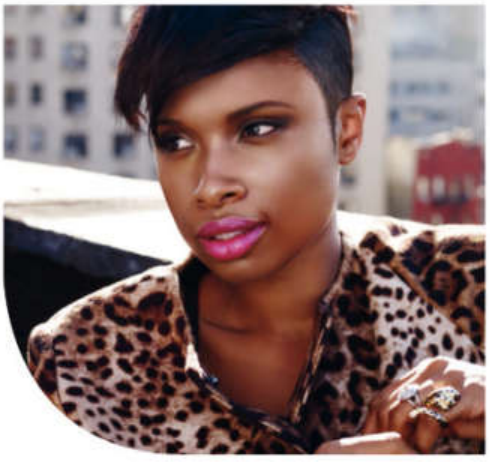
What reminds Jennifer Hudson of some of her life's biggest milestones? Music, of course. We'd expect nothing else from the former *American Idol* contestant and Dreamgirl, who's set to star in *The Color Purple* on Broadway this month. Her life playlist:

The first song she sang onstage: "'The Greatest Love of All,' because I loved Whitney Houston's version. She meant so much to me. It's still hard to accept her death."

The song she sang for her *American Idol* audition: "'Share Your Love With Me' by Aretha Franklin. Classic."

The album she was listening to when she landed her first record deal: "The *Dreamgirls* soundtrack. I was on set filming at the time I signed the contract!"

What she blasted the morning after her Academy Award win: "I always celebrate with the hits. So Destiny's Child, 'Survivor.' Definitely."



The song that reminds her of the birth of her son David, now six: "My song 'If This Isn't Love.' I was pregnant with him when I filmed the video; I turned it into his lullaby."

The tune that makes her think of her fiancé, wrestler David Otunga: "Another one of mine: 'Giving Myself.' It's his favorite—he was with me in the studio when I recorded it. I'm going to sing it at our wedding!" *—Marisa Meltzer*

Outfit Inspiration

What to Wear With Cropped Flares

You saw the trend on page 167. Three easy ways to make it your own:



For a Date

Pair animal-print heels with nonbasic black pants and—boom!—you're ready for drinks.

Zara heels ($100, zara.com); **Wilfred Free for Aritzia** pants ($110, aritzia.com)



For Running Errands

The key: Pick bright slip-ons you'll actually *want* to show off under ankle-length jeans.

Vans sneakers ($55, vans.com); **Denim x Alexander Wang** jeans ($275, alexanderwang.com)



For the Office

Printed flares still work best with a classic clog—as true now as it was in 1975.

Primark clogs ($23, Primark, Boston, 617-350-5232); **Rebecca Minkoff** pants ($398, rebeccaminkoff.com)

Insta-Model

Follow These Frenchies!

Can't get enough of model Ophélie Guillermand on page 162? Check out her Insta, plus her fellow French style stars.

OPHELIE GUILLERMAND
@opheliegeguillermand
Follow for: her model #girlsquad, lots of bikes.



FATOU N'DIAYE
@blackbeautybag
Follow for: bright prints, major hair envy.



CAROLINE DE MAIGRET
@carolinedemaigret
Follow for: her high-waisted pants and always perfect bangs.



MANNY THE FRENCHIE
@manny_the_frenchie
Fine, he's not *really* French. But follow this French bulldog for: #cuteoverload. *—E.A.*



HUDSON, **VICTOR DEMARCHELIER**. STATEMENT SHOES, **KATIE FRIEDMAN**. GUILLERMAND, COURTESY OF SUBJECT. N'DIAYE: DANIELLE AHANDA. DE MAIGRET: TIMUR EMEK/GETTY IMAGES. MANNY: JULIA VANDENOEVER

by Tracy Allen, astrologer

This November, Play It Cool

OK, deep breath: On one single day this month—the 26th—harsh Saturn in opinionated Sagittarius will battle chaotic Neptune in sensitive Pisces. Oh, it's also Thanksgiving Day. Solution? Rise above when things get ugly—and pour yourself a glass of wine when it's over. Phew! Here's what's up the *rest* of the month.



Happy birthday, Emma Stone!
November 6

SCORPIO

Oct. 23–Nov. 21

On the 11th, the new moon in your sign syncs up with limitless Jupiter in your hopes house and powerful Pluto in your mind-set zone, so think big when you blow out those birthday candles. Put your notorious scorpion willpower to work on your wish list (owning a home? visiting a new continent?) and conquer those #lifegoals.

SAGITTARIUS

Nov. 22–Dec. 21

Sorry, Sags, you're in for a rough one. With a full moon in your relationship house fighting with chaotic Neptune in your domestic angle on the 25th, your home will be emotional World War III—with your partner, your family, your roommates, maybe even your cat. But Mars in your group zone has been clicking with the moon for weeks, meaning time with your girls (at SoulCycle, your corner pub, anywhere) can help blow off some steam.

CAPRICORN

Dec. 22–Jan. 19

The sun in your network zone harmonizes with Jupiter in your education sector on the 10th, telling you that you've been overlooking a major source of mentorship: your friends. If one has an Instagram following to rival Cara Delevingne's, and the other always navigates the holiday season stress-free, get their tips ASAP.

AQUARIUS

Jan. 20–Feb. 18

Lovely Venus arrives in your learning zone on the 8th, so you will be all about broadening your mind. The simple route? Sign up for theSkimm or another newsletter to start each day ever so slightly smarter. Or pick a travel destination and download language lessons so you can visit the sites like a local. Get out and learn about the world!

PISCES

Feb. 19–Mar. 20

Neptune wraps up its five-month retrograde in your sign on the 18th, so use its new forward momentum to change what's been bothering you. Bored at the office? Pitch some ideas outside the box. Annoyed at the hot mess in your closet? Haul ass to Ikea for new shelves. Boom. Easy.

ARIES

Mar. 21–Apr. 19

When planets in your relationship house clash with freewheeling Uranus this month, you'll get overwhelmed by demands on your time. But don't let the planetary unrest mess up your personal life—tell your closest crew that even though you love them, you need to focus on you right now. Trust us, everyone will understand.

TAURUS

Apr. 20–May 20

With precious Venus and proactive Mars arriving in your health sector on the 8th and 12th, show your body some love. Get a flu shot (you'll thank yourself), buy enough Pilates classes to last you through the holidays, and do not venture into a grocery store without a list of healthy staples for the week. Keep it up, and you won't need to set resolutions come January 1.

GEMINI

May 21–June 20

The feisty full moon faces off with planets in your relationship angle on the 25th, and you'll be in no mood to follow along with the gang. So just do you that day, no apologies necessary. Splurge on a holiday dress, then hit your favorite bar solo—who knows what great things can happen there?

CANCER

June 21–July 22

Get ready for a rom-com-worthy date night: The new moon in your love zone is syncing with sexy Pluto in your relationship corner on the 5th. Single? Turn a Tinder meet-up into a winter walk in the park. Attached? Surprise your partner with a home-cooked dinner instead of the usual takeout. Romance always wins.

LEO

July 23–Aug. 22

The sun lands in your happiness house on the 22nd, so you will shine for Thanksgiving. Enjoy it, because when the sun collides with restrictive Saturn and quarrels with elusive Neptune a week later, you'll go into a funk. You can ride it out, even if you have to take to the couch with leftovers and *Orphan Black*. We won't tell.

VIRGO

Aug. 23–Sept. 22

Mercury in your talk sector aligns with receptive Neptune in your interpersonal angle on the 6th, so if you have a point to get across, do it then. Let your glued-to-her-husband friend know that you miss your weekly brunches. Or if you've been skittish about telling your parents about your new love, pull the trigger and introduce them already.

LIBRA

Sept. 23–Oct. 22

When magnetic Venus and go-getter Mars arrive in your sign on the 8th and 12th, other people will happily help make your dream goals a reality. Put out a call for help on a project you've been planning and get it started. The best part? It may be your brainchild, but *everyone* involved will benefit.

STONE: MIKE MARSLAND/WIREIMAGE

.com Get your daily forecast at **glamour.com/horoscopes,** and check out our video series with astrologer Susan Miller.

The Get-It Guide

All the info you need to buy the stuff you love in this month's issue

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The Row coat, $2,850, The Row, L.A., 310-853-1900. Dior earring, $650 a pair, select Dior stores, 800-929-3467.

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CORRECTION
On page 90 in the October issue, the trousers are by Express and retail for $80 at express.com.

All prices are approximate.

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The Dos & Don'ts of Coveralls

Suddenly half of Hollywood looks like they're ready to fix your faucet (in a chic way). We're into it!



He's a Do too!

Don't

A "maintenance man" coverall *and* mouse ears? That's one costume too many.

Make It a Do

Rosie the Riveter did it first, and Rosie the Riveter did it best. So channel the World War II icon and style your boilersuit with feminine touches. Rosie did it with a headscarf, but you can also try a bright lip (we see you, Rihanna), a nipped-in waist (check out stylist Anya Ziourova, top right, in pale blue), or cool shades (50 percent of these Dos are wearing them). Then add a little décolletage and you're ready to *werk*. (Or work. These suits are multifunctional Dos!)

MAN: UPPERCUT RF/GETTY IMAGES. DUNN: XPOSURE/AKM-GSI. BLOND WITH RED SUNGLASSES: ASHKA SHEN/BLAUBLUT EDITION. ZIOUROVA, ARMY GREEN COVERALLS: CAROLA DE ARMAS/BLAUBLUT EDITION. HEADSCARF: TOMMY TON/TRUNK ARCHIVE. ROPE BELT: SANDRA SEMBURG. DON'T: AURORA ROSE/STARTRAKSPHOTO.COM. ZIMMER, BRUNETTE WITH RED SUNGLASSES: MELODIE JENG. RIHANNA: © 247PAPS.TV/SPLASH NEWS/CORBIS. LOPEZ: NGRE/AKM-GSI. TRAN: ROLO/AKM-GSI. KLUM: BJJ/VASQUEZ/FAMEFLYNET PICTURES. FANNING: © ORDONEZ/PAPJUICE/INFPHOTO.COM/CORBIS

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